

Schools Prevention of Back Injury

Understand how the body functions and how to use the correct techniques to prevent back injury in the workplace



**SAFETYTM
ACTION**

**AXIOM
TRAINING**



Capacity

20 Attendees



Half Day Training

4 Hours



Locations

At our local training centre
At your school

Overview

This course will provide you with the manual handling skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury.

Course Content

- ✓ Understand how back injury can occur and how to prevent it
- ✓ Describe the structure and function of the spine
- ✓ Identify back care techniques
- ✓ Identify workplace control measures to reduce the risk of back injury

Unit Standards

UNIT 17592 Identify the causes of back injury and methods to prevent back injury's in the workplace Level 3, 4 Credits



Online and Face to Face delivery options available for this course.

Book your training today



\$1590 + GST group booking