



# Harness Safety

Understand how to effectively use a safety harness system and associated equipment when working at heights





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## Understand how to effectively use a safety harness system and associated equipment when working at heights.

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use the harness safely in conjunction with other height safety equipment. Also, understand the hazard and risk management process, specifically on hazards associated with heights systems and ascertain the importance of having a rescue plan and recovery method's in place, prior to beginning any activity.

### Key Learning Outcomes:

- ✓ Demonstrate knowledge of the hazards associated with wearing a safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Check and fit a safety harness system
- ✓ Use a safety harness system where a fall hazard exists at height
- ✓ Demonstrate knowledge of the rescue plan to be activated in the event of a fall

## HARNESS SAFETY

<b>Unit 23229</b>	Use a safety harness system when working at height
<b>Attendance Prerequisites</b>	Hazard and Risk Management is recommended
<b>Reassessment</b>	Refresher courses available
<b>Course Duration</b>	One Day (8 Hours)
<b>Availability</b>	<ul style="list-style-type: none"> <li>✓ Nationwide at one of our training centres</li> <li>✓ At your own site or workplace</li> </ul>