

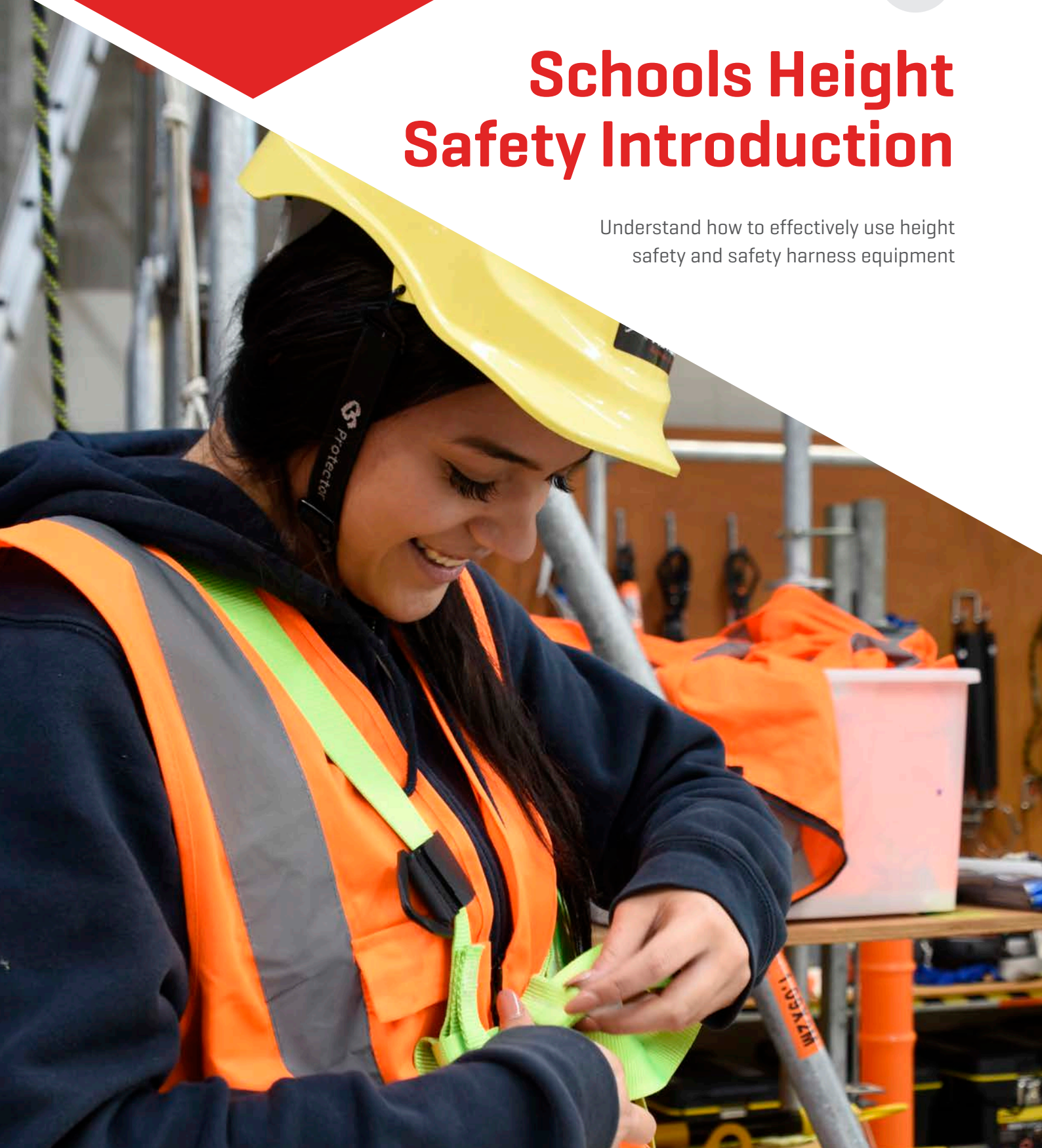


**SAFETY<sup>N</sup>  
ACTION**



# Schools Height Safety Introduction

Understand how to effectively use height  
safety and safety harness equipment





# Schools Height Safety Introduction

## Understand how to effectively use height safety and safety harness equipment.

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use a harness in conjunction with other height safety equipment.

We cover hazards associated with working at height, with scaffolds, mobile elevated work platforms, ladders, ramps and stairways.

To further support this training you will also gain an understanding of the hazard and risk management process, in particular, hazards associated with height systems and ascertain the importance of having a rescue plan.

## Key Learning Outcomes:

- ✓ Explain the legislative requirements and systems used when working at height
- ✓ Demonstrate knowledge of hazards associated with wearing safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Check and fit a safety harness
- ✓ Identify suitable height work equipment and suitable anchor points for fall arrest systems
- ✓ Demonstrate knowledge of a rescue plan to be activated in the event of a fall

### SCHOOLS HEIGHT SAFETY INTRODUCTION

<b>Unit 17600</b>	Explain safe work practices for working at heights
<b>Unit 23229</b>	Use safety harness system when working at height
<b>Total Credits</b>	7 credits
<b>Course Duration</b>	One Day (8 hours)
<b>Availability</b>	<ul style="list-style-type: none"> <li>✓ Nationwide at one of our training centres</li> <li>✓ At your own site or workplace</li> </ul>