



Height Safety Refresher Webinar

Refresh your understanding of the legal requirements and management of proprietary height safety systems and procedures







Refresh your understanding of the legal requirements and management of proprietary height safety systems and procedures. All while accessing the training remotely via webinar.

This refresher course will guide you through the selection and inspection of various fall arrest systems and relevant ropes and

This webinar is completely theory based and refreshes your previous height safety practical training.

*If you did not complete your original training with Safety 'n Action we may require evidence of competency

HEIGHT SAFETY REFRESHER		
Refreshed unit standard listed		Safe work practices for at heights
(*If currently held)	23229	Use a safety harness for

working

r personal

25045

fall prevention

Employ height safety equipment in the workplace

15757

Use, install and disestablish proprietary fall arrest systems

Course Duration

6 Hours

Availability



Online via webinar

Key Learning Outcomes:

- Explain the legislative requirements and systems used for working at heights
- Demonstrate knowledge of hazards associated with wearing a safety harness and associated equipment
- Demonstrate knowledge of safety harnesses and associated systems and equipment
- Check and fit a safety harness system
- Use a safety harness system where a fall hazard exists at height
- Demonstrate knowledge of the rescue plan to be activated in the event of a fall
- Identify the common types of height safety equipment used in the workplace
- Identify suitable height work equipment and suitable anchor points for fall and arrest systems
- Identify anchor points and prepare to install a temporary proprietary height safety systems
- Install horizontal and vertical temporary proprietary height safety systems
- Use and disestablish temporary proprietary height safety systems
- Use height safety equipment and plan rescue techniques and emergency procedures for working at height
- Reinforcement of the knowledge and skills obtained during the training