



Height Safety Advanced

Gain a comprehensive understanding of
the legal requirements and management of
proprietary height safety systems
and procedures





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This course will guide you through the selection and inspection of various fall arrest systems and relevant ropes and knots. There are also practical scenarios to ensure you understand the use, installation and disestablishment of proprietary height safety systems, anchor points, work positioning, restraint systems and developing and implementing a rescue plan. We also cover hazards associated with scaffolds, mobile elevated work platforms, ladders, guardrails, walkways, ramps and stairways.

HEIGHT SAFETY ADVANCED

Unit 17600	Explain safe work practices for working at heights
Unit 23229	Use safety harness system when working at height
Unit 25045	Employ height safety equipment in the workplace
Unit 15757	Use, install and disestablish temporary proprietary height safety systems when working at height
Course Duration	Two Days (16 Hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your own site or workplace

Key Learning Outcomes:

- ✓ Explain the legislative requirements and systems used for working at heights
- ✓ Demonstrate knowledge of hazards associated with wearing a safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Check and fit a safety harness system
- ✓ Use a safety harness system where a fall hazard exists at height
- ✓ Demonstrate knowledge of the rescue plan to be activated in the event of a fall
- ✓ Identify the common types of height safety equipment used in the workplace
- ✓ Identify suitable height work equipment and suitable anchor points for fall and arrest systems
- ✓ Identify anchor points and prepare to install a temporary proprietary height safety systems
- ✓ Install horizontal and vertical temporary proprietary height safety systems
- ✓ Use and disestablish temporary proprietary height safety systems
- ✓ Use height safety equipment and plan rescue techniques and emergency procedures for working at height