

**BOOK TODAY!** 

0800 222 388 safetynaction.co.nz



# **About us**

At Safety 'n Action we believe success is putting safety first. That's why we are on a mission to transform New Zealand's health and safety culture.

As trusted industry leaders, we set the standard for health and safety training and consultancy. We help organisations like yours keep people safe in the workplace.

Safety 'n Action has been delivering world class health and safety training to New Zealand businesses for more than 20 years.

# A safer workplace starts with us.





At Safety 'n Action we understand that employers need to access new ways to train their teams and keep their workforce safe. Online training offers the ideal solution as a natural addition to our face-to-face onsite and training centre based options.

Our course index includes all training options and delivery methods. Look for the icons below alongside each course title to view the methods available.

# Key



# Face-to-face

Training available at our training centre or your site.



# **Online**

eLearning, interactive, animated online training, train at a time that suits you.



# **Self-Paced Webinars**

A pre-recorded webinar that is completed entirely in your own time.



Asbestos Awareness Seminar	Unit Standards
Non unit standard seminar	N/A
Duration   Half Day (4 Hours)	

Asbestos Removal - Class B	<u></u>	Unit Standards
Demonstrate knowledge of asbestos and safety procedures		2138   Level 2, Credits 1
Remove non-friable asbestos		29765   Level 4, Credits 3
Duration   2 Day (16 Hours)		



Certified Handler Preparation Online	Unit Standards
Demonstrate knowledge of hazardous substances relevant to Certified Handlers	31291   Level 5, Credits 6
Duration   Self Paced Learning	

Hazardous Substances in the Workplace Seminar	Unit Standards
Non unit standard seminar	N/A
Duration   Half Day (4 Hours)	

Hazardous Substances in the Workplace		Unit Standards
Demonstrate knowledge of workplace procedures relating to substances	hazardous	31292   Level 3, Credits 2
Duration   1 Day (8 Hours)		

Management & Handing of Hazardous Substances	Unit Standards
Demonstrate knowledge of safe management and potential adverse effects of hazardous substances in the workplace	31290   Level 4, Credits 6
Demonstrate safe handling, storage, and disposal of hazardous substances in the workplace	31293   Level 4, Credits 3
Duration   1 Day (8 Hours)	'

Atmospheric Testing & Gas Detection	Unit Standards
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510   Level 3, Credits 4
Perform gas tests for energy and chemical plant	3058   Level 4, Credits 5
Duration   Half Day (4 Hours)	

Confined Space & Gas Detection	Unit Standards	
Plan a confined space entry	17599   Level 4, Credits 5	
Demonstrate knowledge of hazards associated with confined spaces	18426   Level 3, Credits 4	
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510   Level 3, Credits 4	
Optional Unit Standards   3058, 19207, 25510 (Additional post course paperwork required)		
Duration   2 Days (16 Hours)		

Confined Space & Gas Detection Refresher	Unit Standards
Refresh the unit standards you already hold	3058, 17599, 18037, 18426, 19207, 25510
Duration   1 Day (8 Hours)	

Confined Space - Entrant Only	22	Unit Standards
Demonstrate knowledge of hazards associated with confined space		18426   Level 3, Credits 4
Duration   1 Day (8 Hours)		

Confined Space - Entrant Wine Industry	22	Unit Standards
Demonstrate knowledge of hazards associated with confined space		18426   Level 3, Credits 4
Duration   1 Day (8 Hours)		'



Breathing Apparatus Operational	Unit Standards
Wear and operate compressed air breathing apparatus in the workplace	25044   Level 3, Credits 4
Duration   1 Day (8 Hours)	

Breathing Apparatus Operational Refresher	Unit Standards
Refresh the unit standard you hold	25044
Duration   Half Day (4 Hours)	



Mobile Elevated Work Platform Refresher	Unit Standards
Refresh the unit standard you hold	23960, 23962, 23966, 23961, 23963, 23964
Duration   Half Day (4 Hours)	

Mobile Elevated Work Platform	Unit Standards
Describe types of elevating work platforms (EWPs) and legislative requirements for their use	23966   level 3, Credits 2
Assess the worksite, prepare and operate a scissor lift	23960   Level 3, Credits 3
Assess the worksite, prepare and operate a truck-mounted EWP	23961   Level 3, Credits 4
Assess the worksite, prepare and operate a self-propelled boom lift	23962   Level 4, Credits 5
Assess the worksite, prepare and operate a trailer-mounted EWP	23963   Level 3, Credits 4
Assess the worksite, prepare and operate a vertical lift	23964   Level 3, Credits 2
Duration   1 Day (8 Hours)   2 machines per day maximum	



Height Safety Introduction	Unit Standards
Explain safe work practices for working at heights	17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229   Level 3, Credits 4
Employ height safety equipment in the workplace	25045   Level 3, Credits 4
Duration   1 Day (8 Hours)	'

Height Safety Advanced	Unit Standards
Explain safe work practices for working at heights	17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229   Level 3, Credits 4
Employ height safety equipment in the workplace	25045   Level 3, Credits 4
Use, install and disestablish temporary proprietary fall arrest systems when working at height	15757   Level 3, Credits 4
Duration   2 Day (16 Hours)	'

Height Safety Refresher	Unit Standards
Refresh the unit standard you hold	15757, 17600, 23229, 25045
Duration   1 Day (8 Hours)	

Harness Safety	<del>2</del>	Unit Standards
Use a safety harness for personal fall prevention when working at heigh	t	23229   Level 3, Credits 4
Duration   Half Day (4 Hours)		

Height Safety Equipment Inspection	Unit Standards
Inspect and maintain height safety equipment	19359   Level 3, Credits 3
Duration   Half Day (4 Hours)	



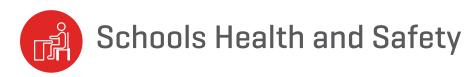
Fire Extinguisher	<u></u>	Unit Standards
Suppress fire with hand extinguishers and fixed hose reels		3271   Level 2, Credits 1
Explain principles of fire science		4647   Level 2, Credits 1
Duration   Half Day (4 Hours)		

Fire Extinguisher Refresher	Unit Standards
Refresh the unit standards you hold	3271, 4647
Duration   (2 Hours)	

Fire Extinguisher Short Course	<del>2</del>	Unit Standards
Suppress fire with hand extinguishers and fixed hose reels		3271   Level 2, Credits 1
Duration   Half Day (3 Hours)	,	

Fire and Emergency Warden		20	Unit Standards
Demonstrate knowledge of fire and emergency warden duties i workplace	n the		18408   Level 3, Credits 3
Duration   Half Day (4 Hours)			

Fire and Emergency Warden Refresher	Unit Standards
Refresh the unit standard you hold	18408
Duration   (2 Hours)	



Schools Hazard and Risk Management	<b>&amp;</b>	Unit Standards
Apply health and safety risk assessment to a job role		30265   Level 3, Credits 8
Duration   1 Day (8 Hours)		

Schools Health & Safety	<u></u>	Unit Standards
Apply health and safety risk assessment to a job role		497   Level 1, Credits 3
Apply safe work practices in the workplace		17593   Level 2, Credits 4
Duration   1 Day (8 Hours)		

Schools Health & Safety Essentials	Unit Standards
Apply health and safety risk assessment to a job role	497   Level 1, Credits 3
Apply safe work practices in the workplace	17593   Level 2, Credits 4
Apply health and safety risk assessment to a job role	30265   Level 3, Credits 8
Duration   2 Day (16 Hours)	

Schools Hearing Conservation & Manual Handling	Unit Standards
Identify the causes of back injury and methods to prevent back injury's in the workplace	17592   Level 3, Credits 4
Demonstrate knowledge of hearing conservation in the workplace	17594   Level 3, Credits 3
Duration   1 Day (8 Hours)	

Schools Height Safety Introduction	Unit Standards
Explain safe work practices for working at heights	17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229   Level 3, Credits 4
Duration   1 Day (8 Hours)	



Accident and Event Investigation	<u></u>	Unit Standards
Produce an occupational health and safety incident investigation		17601   Level 4, Credits 6
Duration   1 Day (8 Hours)		

Apply Safe Work Practices	Unit Standards
Apply safe work practices in the workplace	17593   Level 2, Credits 4
Duration   Self Paced Learning	

#### **Construction Site Access**



#### **Unit Standards**

Demonstrate knowledge of and carry out health and safety procedures for a building construction site

21209 | Level 2, Credits 4

Duration | Half Day (4 Hours)

# **Coordinated Incident Management Systems**



#### **Unit Standards**

Demonstrate knowledge of the Coordinated Incident Management System (CIMS)

32158 | Level 3, Credits 2

## Discomfort, Pain & Injury



#### **Unit Standards**

Demonstrate knowledge of the prevention and management of Discomfort, Pain and Injury (DPI) in the workplace

17591 | Level 3, Credits 8

Duration | 1 Day (8 Hours)

# **Hazard and Risk Management**







#### **Unit Standards**

Apply health and safety risk assessment to a job role

Demonstrate knowledge of workplace health and safety requirements

30265 | level 3, Credits 8

497 | Level 1, Credits 3

Duration | 1 Day (8 Hours)

#### Hazard & Permit to Work refresher





#### **Unit Standards**

Refresh the unit standards you hold

497, 17602, 30265, 17590, 17588

Duration | 1 Day (8 Hours) | Online method also includes Unit 17593

## Isolations / (LOTO - Lock out, tag out)





#### **Unit Standards**

Refresh the unit standards you hold

25043 | Level 3, Credits 4

Duration | Half Day (4 Hours)

#### **Hearing Conservation**





#### **Unit Standards**

Demonstrate knowledge of hearing conservation in the workplace

17594 | Level 3, Credits 3

Duration | Half Day (4 Hours)

# **Health & Safety Representative Initial**





#### **Unit Standards**

Describe the role and functions of the health and safety representative in a New Zealand workplace

29315 | Level 3, Credits 2

Duration | 2 Day (16 Hours)

## Health & Safety at Work Seminar



#### **Unit Standards**

Non Unit Standard Seminar

N/A

Duration | Half Day (4 Hours)

#### Health & Safety Committee



#### **Unit Standards**

Explain the establishment and operation of a workplace health and safety committee.

19340 | Level 4, Credits 5

Duration | 1 Day (8 Hours)

# **Prevention of Back Injury**



#### **Unit Standards**

Identify the causes of back injury and methods to prevent back injuries in the workplace.

17592 | Level 3, Credits 4

Duration | Half Day (4 Hours)

## Workplace Health & Safety



# **Unit Standards**

Demonstrate knowledge of workplace health and safety requirements

497 | Level 1, Credits 3

Duration | Half Day (4 Hours)

#### Marae Health & Safety



## **Unit Standards**

Non Unit Standard Seminar

N/A

Duration | 6 Hours

# Health & Safety Board Management Seminar



#### **Unit Standards**

Non Unit Standard Seminar

N/A

Duration | Half Day (4 Hours)



**Unit Standards** 

Non Unit Standard Seminar

N/A

Duration | 2 Hours



#### **Common Permit to Work**



**Unit Standards** 

Apply for, accept and carry out work according to a work permit in the workplace.

17588 | Level 3, Credits 4

Duration | 1 Day (8 Hours)

#### **Permit Issuer**







**Unit Standards** 

Issue work site specific work permits

17590 | Level 3, Credits 6

Duration | 1 Day (8 Hours)

#### Permit Issuer - Safe Work Systems



**Unit Standards** 

Issue work site specific work permits under the Fonterra Safe Work System

17590 | Level 3, Credits 6

Duration | 1 Day (8 Hours)

#### **Permit Receiver**







**Unit Standards** 

Apply for, accept and carry out work according to a work permit in the workplace

17588 | Level 3, Credits 4

Duration | 1 Day (8 Hours)

#### **Permit Receiver - Safe Work Systems**



**Unit Standards** 

Apply for, accept and carry out work according to a work permit in the workplace under the Fonterra Safe Work System

17588 | Level 3, Credits 4

Duration | 1 Day (8 Hours)



#### DKO (Demonstrate knowledge of) Crane Industry

2

#### **Unit Standards**

Demonstrate knowledge of crane types, safe practices required in the crane industry

3788 | Level 3, Credits 4

Duration | Half Day (4 Hours)

#### **Electric Hoist Seminar**



## **Unit Standards**

Non Unit Standard Seminar

N/A

Duration | Half Day (4 Hours)

#### Sling Regular Loads Safely





#### **Unit Standards**

Demonstrate and apply knowledge of slinging regular loads safely

30072 | Level 3, Credits 14

Duration | 1 Day (8 Hours)

#### **Overhead Gantry Crane**



#### **Unit Standards**

Operate a radio remote or pendant controlled overhead crane and lift and place regular loads

3800 | Level 3, Credits 10

Duration | 1 Day (8 Hours)

#### Sling Regular Loads Safety & Overhead Gantry Crane



#### **Unit Standards**

Operate a radio remote or pendant controlled overhead crane and lift and place regular loads

3800 | Level 3, Credits 10

Duration | 1 Day (8 Hours) \*30072 (Sling Regular Loads Safely) must have been completed online

#### **Overhead Gantry Crane Refresher**



#### **Unit Standards**

Refresh the unit standards you hold

30072, 3800

Duration | Half Day (4 Hours)

Sling Regular Loads Safety & Rigging and Slinging	Unit Standards
Demonstrate and apply knowledge of slinging regular loads safely	30072   Level 3, Credits 14
Sling varied regular loads and safely direct a crane during crane operations	3789   Level 3, Credits 15
Duration   2 Days (16 Hours)	

Rigging and Slinging	Unit Standards
Sling varied regular loads and safely direct a crane during crane operations	3789   Level 3, Credits 15
Duration   1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been	en completed
Rigging and Slinging Refresher	Unit Standards
Refresh the unit standards you hold	30072, 3789
Duration   1 Day (8 Hours)	

Sling Regular Loads Safely & Truck Loader Crane	Unit Standards	
Use a truck loader crane to lift and place loads	16617   Level 3, Credits 15	
Duration   1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed online		

Truck Loader Crane	<b>&amp;</b>	Unit Standards
Use a truck loader crane to lift and place loads		16617   Level 3, Credits 15
Duration   1 Day (8 Hours)		

Truck Loader Crane Refresher	Unit Standards
Refresh the unit standards you hold	30072, 16617
Duration   Half Day (4 Hours)	



Proudly training over 40,000 students each year across thousands of New Zealand businesses.

# Our purpose fitted training centres:

Whangarei, Northland 6 Dyer Street, Raumanga, Whangarei, Northland

Albany, Auckland 7B Ride Way, Albany, Auckland

Highbrook, Auckland 14 Ross Reid Place. East Tamaki, Auckland

Hamilton. Waikato 17 Tasman Road. Te Rapa, Waikato

Morrinsville, Waikato 7 Canada Street. Morrinsville, Waikato

New Plymouth, Taranaki 1a Sunley Street, New Plymouth, Taranaki

Palmerston North, Manawatu 7 El Prado Drive. Palmerston North, Manawatu

Porirua, Wellington 25 Prosser Street, Porirua, Wellington

**Christchurch, Canterbury** 16 Hickory Place, Islington, Christchurch, Canterbury

Dunedin, Otago 100B Cumberland Street, Dunedin, Otago

# Training also available at these locations:

# Nelson Ocean Lodge.

20 Muritai Street. Tahunanui, Nelson Invercargill, Southland ILT Stadium Southland. Surrey Park Sports Centre, Isabella Street, Glengarry, Invercargill

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