



**SAFETY^N
ACTION**



TRAIN ONLINE OR IN PERSON

Schools Hearing Conservation and Manual Handling

Gain a valuable understanding of how to
avoid back pain and hearing loss,
two of the most common
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Gain a valuable understanding of how to avoid back pain and hearing loss, two of the most common workplace injuries.

This course will provide you with the manual handling skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury. Excessive noise is also a major health issue in the workplace which if not controlled can cause significant hearing damage. During this course you will learn how to manage and control noise, as well as useful methods of hearing protection.

Key Learning Outcomes:

- ✓ Understand how back injury can occur and how to prevent it
- ✓ Describe the structure and function of the spine
- ✓ Identify back care techniques
- ✓ Identify workplace control measures to reduce the risk of back injury
- ✓ Demonstrate knowledge of how excessive noise can cause harm to your hearing
- ✓ Understand how to manage and control noise and the different methods of hearing protection

SCHOOLS HEARING CONSERVATION AND MANUAL HANDLING

Unit 17592	Identify the causes of back injury and methods to prevent back injuries in the workplace
Unit 17594	Demonstrate knowledge of hearing conservation in the workplace
Total Credits	7 credits
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school ✓ Online via e-learning at a time and location that suits you