



**SAFETY<sup>TM</sup>  
ACTION**

# New Zealand's Leader in Health and Safety Training



**Courses approved by Skills ITO**

**BOOK TODAY!**

**0800 222 388  
safetynaction.co.nz**





# About us

**At Safety 'n Action we believe success is putting safety first. That's why we are on a mission to transform New Zealand's health and safety culture.**

As trusted industry leaders, we set the standard for health and safety training and consultancy. We help organisations like yours keep people safe in the workplace.

Safety 'n Action has been delivering world class health and safety training to New Zealand businesses for more than 20 years.

**A safer workplace starts with us.**

## What sets us apart

- ✓ Over 65 courses on offer
- ✓ We combine the latest industry regulations with practical hands-on and online training
- ✓ Purpose built training centres across New Zealand - or we can come to you
- ✓ Category One provider – NZQA's highest rating
- ✓ Bespoke consultancy and advisory services
- ✓ Expert trainers
- ✓ Relevant and practical training







# Innovative training solutions

## Course Index

At Safety 'n Action we understand that employers need to access new ways to train their teams and keep their workforce safe. Online training offers the ideal solution as a natural addition to our face-to-face onsite and training centre based options.

Our course index includes all training options and delivery methods. Look for the icons below alongside each course title to view the methods available.

### Key



#### **Face-to-face**

Training available at our training centre or your site.



#### **Online**

eLearning, interactive, animated online training, train at a time that suits you.




#### **Self-Paced Webinars**

A pre-recorded webinar that is completed entirely in your own time.




# Asbestos


Asbestos Awareness Seminar  	Unit Standards
Non unit standard seminar	N/A
Duration   Half Day (4 Hours)	



Asbestos Removal - Class B 	Unit Standards
Demonstrate knowledge of asbestos and safety procedures	2138   Level 2, Credits 1
Remove non-friable asbestos	29765   Level 4, Credits 3
Duration   2 Day (16 Hours)	






# Chemicals / Certified Handler

Certified Handler Preparation Online 	Unit Standards
Demonstrate knowledge of hazardous substances relevant to Certified Handlers	31291   Level 5, Credits 6
Duration   Self Paced Learning	

Hazardous Substances in the Workplace Seminar 	Unit Standards
Understand how to work safely with chemicals and other hazardous substances found in the workplace	N/A
Duration   Half Day (4 Hours)	


Hazardous Substances in the Workplace  	Unit Standards
Demonstrate knowledge of workplace procedures relating to hazardous substances	31292   Level 3, Credits 2
Duration   1 Day (8 Hours)	


Management & Handling of Hazardous Substances  	Unit Standards
Demonstrate knowledge of safe management and potential adverse effects of hazardous substances in the workplace	31290   Level 4, Credits 6
Demonstrate safe handling, storage, and disposal of hazardous substances in the workplace	31293   Level 4, Credits 3
Duration   1 Day (8 Hours)	



Spill Management Practical Seminar 	Unit Standards
Gain relevant workplace practical understanding and knowledge on how to deal with spills in the workplace	N/A
Duration   Half Day (4 Hours)	





## Confined Space and Gas Detection

Atmospheric Testing & Gas Detection 	Unit Standards
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510   Level 3, Credits 4
Perform gas tests for energy and chemical plant	3058   Level 4, Credits 5
Duration   Half Day (4 Hours)	


Confined Space & Gas Detection 	Unit Standards
Plan a confined space entry	17599   Level 4, Credits 5
Demonstrate knowledge of hazards associated with confined spaces	18426   Level 3, Credits 4
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510   Level 3, Credits 4
Optional Unit Standards   3058, 19207, 25510 (Additional post course paperwork required)	
Duration   2 Days (16 Hours)	

Confined Space & Gas Detection Refresher  	Unit Standards
Refresh the unit standards you already hold	3058, 17599, 18037, 18426, 19207, 25510
Duration   Half Day (4 Hours)	

Confined Space - Entrant Only 	Unit Standards
Demonstrate knowledge of hazards associated with confined space	18426   Level 3, Credits 4
Duration   1 Day (8 Hours)	

<b>Confined Space - Entrant Wine Industry</b>		<b>Unit Standards</b>
Demonstrate knowledge of hazards associated with confined space		18426   Level 3, Credits 4
Duration   1 Day (8 Hours)		


## Breathing Apparatus

<b>Breathing Apparatus Operational</b>		<b>Unit Standards</b>
Wear and operate compressed air breathing apparatus in the workplace		25044   Level 3, Credits 4
Duration   1 Day (8 Hours)		

<b>Breathing Apparatus Operational Refresher</b>		<b>Unit Standards</b>
Refresh the unit standard you hold		25044
Duration   Half Day (4 Hours)		


## Mobile Elevated Work Platform


<b>Mobile Elevated Work Platform Refresher</b>		<b>Unit Standards</b>
Refresh the unit standard you hold		23960, 23962, 23966, 23961, 23963, 23964
Duration   1 Day (8 Hours)		

<b>Mobile Elevated Work Platform</b>		<b>Unit Standards</b>
Describe types of elevating work platforms (EWPs) and legislative requirements for their use		23966   level 3, Credits 2
Assess the worksite, prepare and operate a scissor lift		23960   Level 3, Credits 3
Assess the worksite, prepare and operate a truck-mounted EWP		23961   Level 3, Credits 4
Assess the worksite, prepare and operate a self-propelled boom lift		23962   Level 4, Credits 5
Assess the worksite, prepare and operate a trailer-mounted EWP		23963   Level 3, Credits 4
Assess the worksite, prepare and operate a vertical lift		23964   Level 3, Credits 2
Duration   1 Day (8 Hours)   2 machines per day maximum		




# Height Safety

<b>Height Safety Introduction</b>		<b>Unit Standards</b>
Explain safe work practices for working at heights		17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height		23229   Level 3, Credits 4
Employ height safety equipment in the workplace		25045   Level 3, Credits 4
Duration   1 Day (8 Hours)		

<b>Height Safety Advanced</b>		<b>Unit Standards</b>
Explain safe work practices for working at heights		17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height		23229   Level 3, Credits 4
Employ height safety equipment in the workplace		25045   Level 3, Credits 4
Use, install and disestablish temporary proprietary fall arrest systems when working at height		15757   Level 3, Credits 4
Duration   2 Day (16 Hours)		

<b>Height Safety Refresher</b>	 	<b>Unit Standards</b>
Refresh the unit standard you hold		15757, 17600, 23229, 25045
Duration   Half Day (4 Hours)		

<b>Harness Safety</b>		<b>Unit Standards</b>
Use a safety harness for personal fall prevention when working at height		23229   Level 3, Credits 4
Duration   Half Day (4 Hours)		

<b>Height Safety Equipment Inspection</b>		<b>Unit Standards</b>
Inspect and maintain height safety equipment		19359   Level 3, Credits 3
Duration   Half Day (4 Hours)		





# Fire Extinguisher / Fire Warden

Fire Extinguisher		Unit Standards
Suppress fire with hand extinguishers and fixed hose reels		3271   Level 2, Credits 1
Explain principles of fire science		4647   Level 2, Credits 1
Duration   Half Day (4 Hours)		

Fire Extinguisher Refresher		Unit Standards
Refresh the unit standards you hold		3271, 4647
Duration   (2 Hours)		

Fire Extinguisher Short Course		Unit Standards
Suppress fire with hand extinguishers and fixed hose reels		3271   Level 2, Credits 1
Duration   Half Day (3 Hours)		



Fire and Emergency Warden		Unit Standards
Demonstrate knowledge of fire and emergency warden duties in the workplace		18408   Level 3, Credits 3
Duration   Half Day (4 Hours)		



Fire and Emergency Warden Refresher		Unit Standards
Refresh the unit standard you hold		18408
Duration   (2 Hours)		






# Schools Health and Safety

Schools Hazard and Risk Management		Unit Standards
Apply health and safety risk assessment to a job role		30265   Level 3, Credits 8
Duration   1 Day (8 Hours)		



Schools Health & Safety  	Unit Standards
Apply health and safety risk assessment to a job role	497   Level 1, Credits 3
Apply safe work practices in the workplace	17593   Level 2, Credits 4
Duration   1 Day (8 Hours)	

Schools Health & Safety Essentials  	Unit Standards
Apply health and safety risk assessment to a job role	497   Level 1, Credits 3
Apply safe work practices in the workplace	17593   Level 2, Credits 4
Demonstrate knowledge of workplace health and safety requirements	30265   Level 3, Credits 8
Duration   2 Day (16 Hours)	









Schools Hearing Conservation & Manual Handling  	Unit Standards
Identify the causes of back injury and methods to prevent back injury's in the workplace	17592   Level 3, Credits 4
Demonstrate knowledge of hearing conservation in the workplace	17594   Level 3, Credits 3
Duration   1 Day (8 Hours)	

Schools Height Safety Introduction 	Unit Standards
Explain safe work practices for working at heights	17600   level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229   Level 3, Credits 4
Duration   1 Day (8 Hours)	


## Health and Safety


Accident and Event Investigation  	Unit Standards
Produce an occupational health and safety incident investigation	17601   Level 4, Credits 6
Duration   1 Day (8 Hours)	



Apply Safe Work Practices 	Unit Standards
Apply safe work practices in the workplace	17593   Level 2, Credits 4
Duration   Self Paced Learning	

<b>Construction Site Access</b> 	<b>Unit Standards</b>
Demonstrate knowledge of and carry out health and safety procedures for a building construction site	21209   Level 2, Credits 4
Duration   Half Day (4 Hours)	
<b>Coordinated Incident Management Systems</b> 	<b>Unit Standards</b>
Demonstrate knowledge of the Coordinated Incident Management System (CIMS)	32158   Level 3, Credits 8
Duration   1 Day (8 Hours)	
<b>Discomfort, Pain &amp; Injury</b> 	<b>Unit Standards</b>
Demonstrate knowledge of the prevention and management of Discomfort, Pain and Injury (DPI) in the workplace	17591   Level 3, Credits 8
Duration   1 Day (8 Hours)	
<b>Hazard and Risk Management</b>   	<b>Unit Standards</b>
Apply health and safety risk assessment to a job role	30265   level 3, Credits 8
Demonstrate knowledge of workplace health and safety requirements	497   Level 1, Credits 3
Duration   1 Day (8 Hours)	
<b>Hazard and Risk Management and Permit Receiver</b> 	<b>Unit Standards</b>
Demonstrate knowledge of workplace health and safety requirements	497   Level 1, Credits 3
Apply health and safety risk assessment to a job role	30265   Level 3, Credits 8
Apply for, accept and carry out work according to a work permit in the workplace	17588   Level 3, Credits 4
Duration   Self Paced Learning	
<b>Hazard &amp; Permit Receiver refresher</b> 	<b>Unit Standards</b>
Refresh the unit standards you hold	497, 17602, 30265, 17588
Duration   Self Paced Learning	







<b>Hazard and Risk Management and Permit Issuer</b> 	<b>Unit Standards</b>
Demonstrate knowledge of workplace health and safety requirements	497   Level 1, Credits 3
Apply health and safety risk assessment to a job role	30265   Level 3, Credits 8
Issue work site specific work permits	17590   Level 3, Credits 6
Duration   Self Paced Learning	

<b>Hazard &amp; Permit Issuer refresher</b> 	<b>Unit Standards</b>
Refresh the unit standards you hold	497, 17602, 30265, 17590
Duration   Self Paced Learning	


<b>Hazard &amp; Permit to Work refresher</b>  	<b>Unit Standards</b>
Refresh the unit standards you hold	497, 17602, 30265, 17590, 17588
Duration   1 Day (8 Hours)   Online method also includes Unit 17593	


<b>Isolations / (LOTO - Lock out, tag out)</b>  	<b>Unit Standards</b>
Refresh the unit standards you hold	25043   Level 3, Credits 4
Duration   Half Day (4 Hours)	


<b>Hearing Conservation</b>  	<b>Unit Standards</b>
Demonstrate knowledge of hearing conservation in the workplace	17594   Level 3, Credits 3
Duration   Half Day (4 Hours)	

<b>Health &amp; Safety Representative Initial</b>  	<b>Unit Standards</b>
Describe the role and functions of the health and safety representative in a New Zealand workplace	29315   Level 3, Credits 2
Duration   1 Day (8 Hours)	


<b>Health &amp; Safety at Work Seminar</b> 	<b>Unit Standards</b>
Non Unit Standard Seminar	N/A
Duration   Half Day (4 Hours)	


<b>Health &amp; Safety Committee</b>		<b>Unit Standards</b>
Explain the establishment and operation of a workplace health and safety committee.		19340   Level 4, Credits 5
Duration   1 Day (8 Hours)		

<b>Prevention of Back Injury</b>		<b>Unit Standards</b>
Identify the causes of back injury and methods to prevent back injuries in the workplace.		17592   Level 3, Credits 4
Duration   Half Day (4 Hours)		


<b>Workplace Health &amp; Safety</b>		<b>Unit Standards</b>
Demonstrate knowledge of workplace health and safety requirements		497   Level 1, Credits 3
Duration   Half Day (4 Hours)		




<b>Marae Health &amp; Safety</b>		<b>Unit Standards</b>
Non Unit Standard Seminar		N/A
Duration   6 Hours		



<b>Health &amp; Safety Board Management Seminar</b>		<b>Unit Standards</b>
Non Unit Standard Seminar		N/A
Duration   Half Day (4 Hours)		




<b>Health &amp; Safety Board Management Overview</b>		<b>Unit Standards</b>
Non Unit Standard Seminar		N/A
Duration   2 Hours		



## Permit to Work


<b>Common Permit to Work</b>		<b>Unit Standards</b>
Apply for, accept and carry out work according to a work permit in the workplace.		17588   Level 3, Credits 4
Duration   1 Day (8 Hours)		


<b>Permit Issuer</b>	  	<b>Unit Standards</b>
Issue work site specific work permits		17590   Level 3, Credits 6
Duration   1 Day (8 Hours)		

<b>Permit Issuer - Safe Work Systems</b>	 	<b>Unit Standards</b>
Issue work site specific work permits (Fonterra Permit System)		17590   Level 3, Credits 6
Duration   1 Day (8 Hours)		

<b>Permit Receiver</b>	  	<b>Unit Standards</b>
Apply for, accept and carry out work according to a work permit in the workplace		17588   Level 3, Credits 4
Duration   1 Day (8 Hours)		

<b>Permit Receiver - Safe Work Systems</b>	 	<b>Unit Standards</b>
Apply for, accept and carry out work according to a work permit in the workplace (Fonterra Permit System)		17588   Level 3, Credits 4
Duration   1 Day (8 Hours)		








<b>Permit Receiver and Permit Issuer</b>		<b>Unit Standards</b>
Apply for, accept and carry out work according to a work permit in the workplace		17588   level 3, Credits 4
Issue work site specific work permits		17590   Level 3, Credits 6
Duration   Self Paced Learning		


<b>Permit Receiver and Permit Issuer Refresher</b>		<b>Unit Standards</b>
Refresh the unit standards you hold		17588, 17590
Duration   Self Paced Learning		







# Crane Training

<b>DKO (Demonstrate knowledge of) Crane Industry</b> 	<b>Unit Standards</b>
Demonstrate knowledge of crane types, safe practices required in the crane industry	3788   Level 3, Credits 4
Duration   Half Day (4 Hours)	
<b>Electric Hoist Seminar</b> 	<b>Unit Standards</b>
Non Unit Standard Seminar	N/A
Duration   Half Day (4 Hours)	
<b>Sling Regular Loads Safely</b>  	<b>Unit Standards</b>
Demonstrate and apply knowledge of slinging regular loads safely	30072   Level 3, Credits 14
Duration   1 Day (8 Hours)	
<b>Overhead Gantry Crane</b> 	<b>Unit Standards</b>
Operate a radio remote or pendant controlled overhead crane and lift and place regular loads	3800   Level 3, Credits 10
Duration   1 Day (8 Hours)	
<b>Sling Regular Loads Safety &amp; Overhead Gantry Crane</b> 	<b>Unit Standards</b>
Operate a radio remote or pendant controlled overhead crane and lift and place regular loads	3800   Level 3, Credits 10
Duration   1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed online	
<b>Overhead Gantry Crane Refresher</b> 	<b>Unit Standards</b>
Refresh the unit standards you hold	30072, 3800
Duration   Half Day (4 Hours)	

<b>Sling Regular Loads Safety &amp; Rigging and Slings</b>	 <b>Unit Standards</b>
Demonstrate and apply knowledge of slinging regular loads safely	30072   Level 3, Credits 14
Sling varied regular loads and safely direct a crane during crane operations	3789   Level 3, Credits 15
Duration   2 Days (16 Hours)	

<b>Rigging and Slings</b>	 <b>Unit Standards</b>
Sling varied regular loads and safely direct a crane during crane operations	3789   Level 3, Credits 15
Duration   1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed	

<b>Rigging and Slings Refresher</b>	 <b>Unit Standards</b>
Refresh the unit standards you hold	30072, 3789
Duration   1 Day (8 Hours)	

<b>Sling Regular Loads Safely &amp; Truck Loader Crane</b>	 <b>Unit Standards</b>
Use a truck loader crane to lift and place loads	16617   Level 3, Credits 15
Duration   1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed online	

<b>Truck Loader Crane</b>	 <b>Unit Standards</b>
Use a truck loader crane to lift and place loads	16617   Level 3, Credits 15
Duration   1 Day (8 Hours)	

<b>Truck Loader Crane Refresher</b>	 <b>Unit Standards</b>
Refresh the unit standards you hold	30072, 16617
Duration   Half Day (4 Hours)	



## Follow us on Social Media!

Follow our social media channels below to keep us with the latest news, product releases and industry insights.

---



safetynaction



safety\_n\_action



Safety 'n Action





# SAFETY 'N' ACTION

Proudly training over 40,000 students each year across thousands of New Zealand businesses.

## Our purpose fitted training centres:

### Whangarei, Northland

6 Dyer Street, Raumanga,  
Whangarei, Northland

### Albany, Auckland

7B Ride Way,  
Albany, Auckland

### Highbrook, Auckland

14 Ross Reid Place,  
East Tamaki, Auckland

### Hamilton, Waikato

17 Tasman Road,  
Te Rapa, Waikato

### Morrinsville, Waikato

7 Canada Street,  
Morrinsville, Waikato

### New Plymouth, Taranaki

1a Sunley Street,  
New Plymouth, Taranaki

### Palmerston North, Manawatu

7 El Prado Drive,  
Palmerston North, Manawatu

### Porirua, Wellington

25 Prosser Street,  
Porirua, Wellington

### Christchurch, Canterbury

16 Hickory Place, Islington,  
Christchurch, Canterbury

### Dunedin, Otago

100B Cumberland Street,  
Dunedin, Otago

## Training also available at these locations:

### Tauranga

Classic Flyers Aviation Museum  
9 Jean Batten Drive,  
Mount Maunganui

### Nelson

Heslops Group,  
7 Kotua Place,  
Stoke, Richmond

### Invercargill, Southland

ILT Stadium Southland,  
Surrey Park Sports Centre,  
Isabella Street,  
Glengarry, Invercargill



**BOOK TODAY!**

 0800 222 388

 [safetynaction.co.nz](https://www.safetynaction.co.nz)

 [safetynaction](https://www.facebook.com/safetynaction)

 [safety-'n'-action](https://www.linkedin.com/company/safety-n-action)