

A practical approach to health and safety training. Train on site or online.

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Schools Health & Safety Supporting career pathways for youth

Safety'n Action has a proven track record in delivering quality health and safety courses for Gateway students. Whatever career your students are aiming for, everyone needs to understand their health and safety responsibilities.

Adding these credentials to their CV will make all the difference when entering the workforce.



	NZQA Unit Standards	Available Credits	Level	Price Per Person +G
Fire Extinguisher	3271, 4647	2	2, 2	\$145
Mobile Elevated Work Platform Minimum 16 years+	23960, 23962, 23966	10	3, 4, 3	\$420
Height Safety Introduction Minimum age 15 years+	17600, 23229, 25045	11	3, 4, 4	\$240
Hazard and Risk Management	00497, 30265	11	8, 3	\$240

Nationwide training centres *Whangarei, Auckland (Albany, Highbrook), Waikato (Hamilton,

VOCATIONAL PATHWAYS: INDUSTRY SPECIFIC TRAINING

Opportunity for Rangatahi | Youth to train alongside qualified individuals, representing multiple sectors at our nationwide* purpose-built training centres.

ST	Manufacturing and Technology	Construction and Infrastructure. Allied Trades	Creative Industries	Primary Industries	Social and Community Services	Services Industries	NZ Defence Force

Morrinsville), Palmerston North, New Plymouth, Wellington, Christchurch, Dunedin

VOCATIONAL PATHWAYS

At Safety 'n Action, we have a fantastic suite of courses to assist your students in preparing for the workforce. From face-to-face to online and webinar training we have everything you will need. Our courses align perfectly with the vocational pathways available for students to follow.



Hear from our Schools



Hear from our Trainees





Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential risks and hazards in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well. In a practical exercise, you will prepare a work method statement and undertake a job safety analysis.

- Demonstrate knowledge of workplace health and safety legislation
- Ability to identify, control and monitor risks in the workplace
- ✓ Prepare and undertake a job safety analysis
- Understand how to describe the principles of health and safety risk assessment
- Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

SCHOOLS HAZARD AND RISK MANAGEMENT		
Unit 30265	Apply health and safety risk assessment to a job role	
Total Credits	8 Credits (level 3)	
Course Duration	One Day (8 hours)	
Availability	✓ Nationwide at one of our training centres✓ At your school	



Gain skills that will prepare you for future employment with knowledge of workplace health and safety

People credited with this unit standard are able to identify and describe legislative rights and responsibilities for workplace health and safety; describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the HSWA. For a specified job, able to: prepare a work method statement; and undertake a job safety analysis.

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Able to: prepare a work method statement; and undertake a job safety analysis

SCHOOLS HEALTH AND SAFETY	
Unit 497	Demonstrate knowledge of workplace health and safety requirements
Unit 19522	Undertake job safety analysis
Total Credits	6 credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	✓ Nationwide at one of our training centres✓ At your school
Course Cost	\$2,150 +GST (20 Student Maximum)



Gain the knowledge to assist you with putting good Health and Safety practices into motion from day 1. Learn your roles and responsibilities as a worker, as well as how to complete a risk assessment and JSA.

People credited with this unit standard are able to assist with identification of hazards and controls; to monitor adherence to safety work practices for work taking place in hazardous environments; and to respond in accordance with the defined site emergency response plan should this be required.

Key Learning Outcomes:

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the HSWA.
- Describe the principles of health and safety risk
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- Prepare a work method statement; and undertake a job safety analysis

SCHOOLS ESSENTIALS IN HEALTH AND SAFETY **Unit 497** Demonstrate knowledge of workplace health and safety legislation Unit 19522 Undertake job safety analysis Unit 30265 Apply health and safety risk assessment to a job role **Total Credits** 14 Credits [497 - 3 Level 1 credits | 19522 - 3 Level 3 Credits | 30265 - 8 Level 3 Credits] **Course Duration** Two Days (16 hours) Nationwide at one of our training centres **Availability** At your school **Course Cost** \$3,750 +GST (20 Student Maximum)



Gain the knowledge that will allow you to enter your first day in the Construction Industry with a solid foundation of information about your Health and Safety responsibilities

This course will give you an understanding of terminology/signage used on a construction site and how to complete a Risk assessment including JSAs to meet the requirements of the HSWA 2015

Key Learning Outcomes:

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Describe the principles of health and safety risk assessment
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- Demonstrate knowledge and apply the organisation's health and safety procedures, under supervision for a building construction site

SCHOOLS ESSENTIALS IN CONSTRUCTION **Unit 497** Demonstrate knowledge of workplace health and safety legislation Demonstrate knowledge of and carry out health and safety procedures for a building Unit 21209 construction site Unit 30265 Apply health and safety risk assessment to a job role **Total Credits** 15 Credits [497 - 3 Level 1 credits | 21209 - 4 Level 2 Credits | 30265 - 8 Level 3 Credits] **Course Duration** Two Days (16 hours) Nationwide at one of our training centres **Availability** At your school **Course Cost** \$3,750 +GST (20 Student Maximum)



Understand how to effectively use height safety and safety harness equipment.

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use a harness in conjunction with other height safety equipment.

We cover hazards associated with working at height, with scaffolds, mobile elevated work platforms, ladders, ramps and stairways.

To further support this training you will also gain an understanding of the hazard and risk management process, in particular, hazards associated with height systems and ascertain the importance of having a rescue plan.

- Explain the legislative requirements and systems used when working at height
- Demonstrate knowledge of hazards associated with wearing safety harness and associated equipment
- Demonstrate knowledge of safety harnesses and associated systems and equipment
- Check and fit a safety harness
- Identify suitable height work equipment and suitable anchor points for fall arrest systems

SCHOOLS HEIGHT SAFETY INTRODUCTION	
Unit 17600	Explain safe work practices for working at heights
Unit 23229	Use safety harness system when working at height
Total Credits	7 credits [17600 - 3 Level 3 credits 23229 - 4 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	Nationwide at one of our training centresAt your own site or workplace
Course Cost	\$2,150 +GST (20 Student Maximum)



Gain a valuable understanding of how to avoid back pain and hearing loss, two of the most common workplace injuries.

This course will provide you with the manual handing skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury. Excessive noise is also a major health issue in the workplace which if not controlled can cause significant hearing damage. During this course you will learn how to manage and control noise, as well as useful methods of hearing protection.

- Understand how back injury can occur and how to prevent it
- Describe the structure and function of the spine
- Identify back care techniques
- Identify workplace control measures to reduce the risk of back injury
- Demonstrate knowledge of how excessive noise can cause harm to your hearing
- Understand how to manage and control noise and the different methods of hearing protection

SCHOOLS HEARING CONSERVATION AND MANUAL HANDLING		
Unit 17592	Identify the causes of back injury and methods to prevent back injuries in the workplace	
Unit 17594	Demonstrate knowledge of hearing conservation in the workplace	
Total Credits	7 credits [17592 - 4 Level 3 credits 17594 - 3 Level 3 Credits]	
Course Duration	One Day (8 hours)	
Availability	✓ Nationwide at one of our training centres✓ At your school	
Course Cost	\$2,150 +GST (20 Student Maximum)	

Schools Health & Safety e Learning

Accompanying our portfolio of schools training are our Schools e Learning solutions.

Allowing participants to complete where and when they choose, these are a great online alternative for schools and/or trainees where group training is not suitable.





Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential hazards and risks in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well.

Safety 'n Action uses a range of interactive learning techniques to bring its courses to life, including videos, multi-choice, quizzes, drag-and-drop and visual exercises.

- Demonstrate knowledge of workplace health and safety legislation
- Ability to identify, control and monitor risks in the workplace
- Understand how to describe the principles of health and safety risk assessment
- Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

ONLINE HAZARD AND RISK MANAGEMENT – SCHOOLS		
Unit 30265	Apply health and safety risk assessment to a job role	
Unit 497	Demonstrate knowledge of workplace health and safety requirements	
Total Credits	11 credits [497 - 3 Level 1 credits 30265 - 8 Level 3 Credits]	
Course Duration	Self-paced	
Availability	Online (Web-based)	
Course Cost	\$99 +GST per student	



Online Manual Handling- Schools

Understand how the body functions and how to use the correct techniques to prevent back injury in the workplace.

This course will help you understand the harmful and physical demands placed on our bodies and give you the tools to support your long term physical performance. Learn to apply effective lifting and moving techniques that will relate directly to your work activities and gain awareness and knowledge for combating back and musculoskeletal injuries.

- Oescribe the structure and function of the spine
- Identify risk factors associated with occupational back injury and techniques that reduce the risk of back injury
- Identify work place control measures to reduce the risk of back injury
- ✓ Identify back care techniques

ONLINE MANUAL HANDLING - SCHOOLS		
Unit 17592	Identify the causes of back injury and methods to prevent back injuries in the workplace	
Total Credits	4 credits [17592 - 4 Level 3 credits]	
Course Duration	Self-paced	
Availability	Online (Web-based)	
Course Cost	\$49 +GST per Student	



Unline Hearing Conservation - Schools

Learn how to identify and manage the risk and hazards associated with hearing loss.

This course will give you an understanding of the hearing mechanism and the causes of hearing impairment.

Practical exercises will teach you how to measure sound intensity and gain a perspective of the hearing comfort zone and the range that would likely cause harm. It will also cover your legal obligations in terms of protecting the hearing of your team.

In accordance with the requirements to maintain Consent to Assess for the unit standards taught on this course, Safety 'n Action had this course pre moderated and approved by our standard setting body, The Skills Organisation.

Key Learning Outcomes:

- Understand the mechanism of hearing, and the causes of hearing impairment.
- Learn how sound intensity is measured, the hearing comfort zone, and the effects of noise on the hearing mechanism
- Demonstrate knowledge of types of, and the benefits of using, hearing protection equipment.
- Demonstrate knowledge of workplace hearing protection programme requirements.
- Demonstrate knowledge of how excessive noise can cause harm to your hearing

ONLINE HEARING CONSERVATION - SCHOOLS Unit 17594 Demonstrate knowledge of hearing conservation in the workplace Total Credits 3 credits [17594 - 3 Level 3 credits] Course Duration Self-paced Availability ✓ Online (Web-based) Course Cost \$49 +GST per Student



A Trusted Schools Training Provider

With over 20 years' health and safety experience, Safety 'n Action are trusted training providers.

Our highly skilled team of training professionals come from industry and share a passion for creating a safer New Zealand.

Train at one of our centres nationwide or hop online and train at a time that suits you.

Bookings can be completed online, via email or over the phone.

Website:

BOOK TODAY!













in safety-'n-action