

A practical approach to health and safety training. Train on site or online.

BOOK TODAY

0800 222 388 | safetynaction.co.nz



CONTENTS

About our training pg 3

Vocational Pathways pg 4 - 6

Happy Clients Pg 7

Face-to-Face Training Pg 8-13

Online training Pg 14 - 17

How to book, get in touch Pg 18

Schools Health & Safety Supporting career pathways for youth

Safety'n Action has a proven track record in delivering quality health and safety courses for Gateway students. Whatever career your students are aiming for, everyone needs to understand their health and safety responsibilities.

Adding these credentials to their CV will make all the difference when entering the workforce.



VOCATIONAL PATHWAYS: INDUSTRY SPECIFIC TRAINING

Opportunity for Rangatahi | Youth to train alongside qualified individuals, representing multiple sectors at our nationwide* purpose-built training centres.

| | NZQA Unit Standards | Available Credits | Level | Price Per Person +GST | Manufacturing and Technology | Construction and Infrastructure. Allied Trades | Creative Industries | Primary Industries | Social and Community Services | Services Industries | NZ Defence Force |
|--|------------------------|----------------------|---------|--------------------------|---------------------------------|--|---------------------|--------------------|----------------------------------|---------------------|------------------|
| Fire Extinguisher | 3271, 4647 | 2 | 2, 2 | \$145 | | | | | | | |
| Mobile Elevated Work Platform Minimum 16 years+ | 23960, 23962, 23966 | 10 | 3, 4, 3 | \$420 | | | | | | | |
| Height Safety Introduction Minimum age 15 years+ | 17600, 23229, 25045 | 11 | 3, 4, 4 | \$240 | | | | | | | |
| Hazard and Risk Management | 00497, 30265 | 11 | 8, 3 | \$240 | | | | | | | |

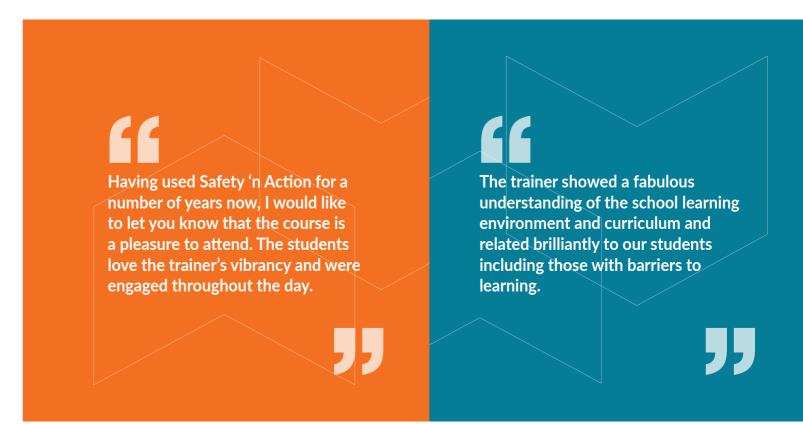
Nationwide training centres *Whangarei, Auckland (Albany, Highbrook), Waikato (Hamilton,

Morrinsville), Palmerston North, New Plymouth, Wellington, Christchurch, Dunedin

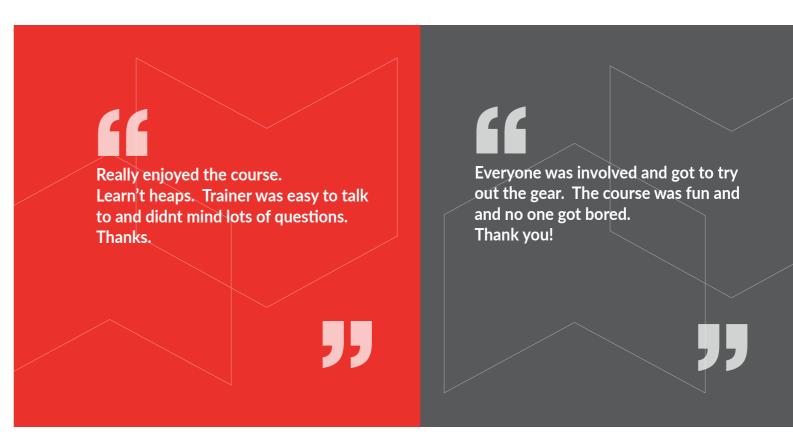
VOCATIONAL PATHWAYS

Creative **Industries Primary Construction & Industries** Infrastructure NCEA LEVEL 1 LEVEL 2 Service Manufacturing & **Industries** LEVEL 3 **Technology Social & Community** Services

Hear from our Schools



Hear from our Trainees



pg 6 pg 7



Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential risks and hazards in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well. In a practical exercise, you will prepare a work method statement and undertake a job safety analysis.

Key Learning Outcomes:

- Demonstrate knowledge of workplace health and safety legislation
- Ability to identify, control and monitor risks in the workplace
- Prepare and undertake a job safety analysis
- Understand how to describe the principles of health and safety risk assessment
- Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

| SCHOOLS HAZARD AND RIS | SK MANAGEMENT |
|------------------------|--|
| Unit 30265 | Apply health and safety risk assessment to a job role |
| Total Credits | 8 Credits (level 3) |
| Course Duration | One Day (8 hours) |
| Availability | ✓ Nationwide at one of our training centres✓ At your school |



Gain the knowledge that will prepare you for future employment with the knowledge of workplace health and safety, and undertaking job safety analysis

People credited with this unit standard are able to identify and describe legislative rights and responsibilities for workplace health and safety; describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the HSWA. For a specified job, able to: prepare a work method statement; and undertake a job safety analysis.

Key Learning Outcomes:

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Able to: prepare a work method statement; and undertake a job safety analysis

| SCHOOLS HEALTH AND SAF | ETY |
|------------------------|--|
| Unit 497 | Demonstrate knowledge of workplace health and safety requirements |
| Unit 19522 | Undertake job safety analysis |
| Total Credits | 6 credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits] |
| Course Duration | One Day (8 hours) |
| Availability | ✓ Nationwide at one of our training centres✓ At your school |
| Course Cost | \$2,150 +GST (20 Student Maximum) |

pg 8



Gain the knowledge to assist you with putting good Health and Safety practices into motion from day 1. Learn your roles and responsibilities as a worker, as well as how to complete a risk assessment and JSA.

People credited with this unit standard are able to assist with identification of hazards and controls; to monitor adherence to safety work practices for work taking place in hazardous environments; and to respond in accordance with the defined site emergency response plan should this be required.

Key Learning Outcomes:

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health
 and safety; explain how risks and hazards are defined
 in the HSWA
- Describe the principles of health and safety risk
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry
- Prepare a work method statement; and undertake a job safety analysis

| SCHOOLS HEALTH AN | D SAFETY ESSENTIALS |
|-------------------|---|
| Unit 497 | Demonstrate knowledge of workplace health and safety legislation |
| Unit 19522 | Undertake job safety analysis |
| Unit 30265 | Apply health and safety risk assessment to a job role |
| Total Credits | 14 Credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits 30265 - 8 Level 3 Credits] |
| Course Duration | Two Days (16 hours) |
| Availability | ✓ Nationwide at one of our training centres✓ At your school |
| Course Cost | \$3,750 +GST (20 Student Maximum) |



Gain the knowledge that will allow you to enter your first day in the Construction Industry with a solid foundation of information about your Health and Safety responsibilities

This course will give you an understanding of terminology/signage used on a construction site and how to complete a Risk assessment including JSAs to meet the requirements of the HSWA 2015

Key Learning Outcomes:

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Describe the principles of health and safety risk
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- Demonstrate knowledge and apply the organisation's health and safety procedures, under supervision for a building construction site

| SCHOOLS HEALTH AND SAF | ETY ESSENTIALS |
|------------------------|---|
| Unit 497 | Demonstrate knowledge of workplace health and safety legislation |
| Unit 19522 | Undertake job safety analysis |
| Unit 30265 | Apply health and safety risk assessment to a job role |
| Total Credits | 14 Credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits 30265 - 8 Level 3 Credits] |
| Course Duration | Two Days (16 hours) |
| Availability | ✓ Nationwide at one of our training centres✓ At your school |
| Course Cost | \$3,750 +GST (20 Student Maximum) |

pg 11



Understand how to effectively use height safety and safety harness equipment.

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use a harness in conjunction with other height safety equipment.

We cover hazards associated with working at height, with scaffolds, mobile elevated work platforms, ladders, ramps and stairways.

To further support this training you will also gain an understanding of the hazard and risk management process, in particular, hazards associated with height systems and ascertain the importance of having a rescue plan.

Key Learning Outcomes:

- Explain the legislative requirements and systems used when working at height
- Demonstrate knowledge of hazards associated

 with wearing safety harness and associated
 equipment
- Demonstrate knowledge of safety harnesses and associated systems and equipment
- Check and fit a safety harness
- Identify suitable height work equipment and suitable anchor points for fall arrest systems

SCHOOLS HEIGHT SAFETY INTRODUCTION Unit 17600 Explain safe work practices for working at heights Unit 23229 Use safety harness system when working at height Total Credits 7 credits [17600 - 3 Level 3 credits | 23229 - 4 Level 3 Credits] Course Duration One Day (8 hours) Availability ✓ Nationwide at one of our training centres ✓ At your own site or workplace Course Cost \$2,150 +GST (20 Student Maximum)



Gain a valuable understanding of how to avoid back pain and hearing loss, two of the most common workplace injuries.

This course will provide you with the manual handing skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury. Excessive noise is also a major health issue in the workplace which if not controlled can cause significant hearing damage. During this course you will learn how to manage and control noise, as well as useful methods of hearing protection.

Key Learning Outcomes:

- Understand how back injury can occur and how to prevent it
- Describe the structure and function of the spine
- Identify back care techniques
- Identify workplace control measures to reduce the risk of back injury
- Demonstrate knowledge of how excessive noise can cause harm to your hearing
- Understand how to manage and control noise and the different methods of hearing protection

| SCHOOLS HEARING CONSE | RVATION AND MANUAL HANDLING |
|-----------------------|--|
| Unit 17592 | Identify the causes of back injury and methods to prevent back injuries in the workplace |
| Unit 17594 | Demonstrate knowledge of hearing conservation in the workplace |
| Total Credits | 7 credits [17592 - 4 Level 3 credits 17594 - 3 Level 3 Credits] |
| Course Duration | One Day (8 hours) |
| Availability | ✓ Nationwide at one of our training centres✓ At your school |
| Course Cost | \$2,150 +GST (20 Student Maximum) |

pg 12 pg 13

Schools Health & Safety e Learning

Accompanying our portfolio of schools training are our Schools e Learning solutions.

Allowing participants to complete where and when they choose, these are a great online alternative for schools and/or trainees where group training is not suitable.





Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential hazards and risks in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well.

Safety 'n Action uses a range of interactive learning techniques to bring its courses to life, including videos, multi-choice, quizzes, drag-and-drop and visual exercises.

Key Learning Outcomes:

- Demonstrate knowledge of workplace health and safety legislation
- Ability to identify, control and monitor risks in the workplace
- Understand how to describe the principles of health and safety risk assessment
- Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

| ONLINE HAZARD AND RISK | MANAGEMENT - SCHOOLS |
|------------------------|---|
| Unit 30265 | Apply health and safety risk assessment to a job role |
| Unit 497 | Demonstrate knowledge of workplace health and safety requirements |
| Total Credits | 11 credits [497 - 3 Level 1 credits 30265 - 8 Level 3 Credits] |
| Course Duration | Self-paced |
| Availability | Online (Web-based) |
| Course Cost | \$99 +GST per student |



Manual Handling-Schools

Understand how the body functions and how to use the correct techniques to prevent back injury in the workplace.

This course will help you understand the harmful and physical demands placed on our bodies and give you the tools to support your long term physical performance. Learn to apply effective lifting and moving techniques that will relate directly to your work activities and gain awareness and knowledge for combating back and musculoskeletal injuries.

Key Learning Outcomes:

- Describe the structure and function of the spine
- Identify risk factors associated with occupational back injury and techniques that reduce the risk of back injury
- Identify work place control measures to reduce the risk of back injury
- Identify back care techniques

| ONLINE MANUAL HANDLING | G - SCHOOLS |
|------------------------|--|
| Unit 17592 | Identify the causes of back injury and methods to prevent back injuries in the workplace |
| Total Credits | 4 credits [17592 - 4 Level 3 credits] |
| Course Duration | Self-paced |
| Availability | Online (Web-based) |
| Course Cost | \$49 +GST per Student |



Learn how to identify and manage the risk and hazards associated with hearing loss.

This course will give you an understanding of the hearing mechanism and the causes of hearing impairment. Practical exercises will teach you how to measure sound intensity and gain a perspective of the hearing comfort zone and the range that would likely cause harm. It will also cover your legal obligations in terms of protecting the hearing of your team.

In accordance with the requirements to maintain Consent to Assess for the unit standards taught on this course, Safety 'n Action had this course pre moderated and approved by our standard setting body, The Skills Organisation.

Key Learning Outcomes:

- Understand the mechanism of hearing, and the causes of hearing impairment.
- Learn how sound intensity is measured, the hearing comfort zone, and the effects of noise on the hearing mechanism
- Demonstrate knowledge of types of, and the benefits of using, hearing protection equipment.
- Demonstrate knowledge of workplace hearing protection programme requirements.
- Demonstrate knowledge of how excessive noise can cause harm to your hearing

| ONLINE MANUAL HANDLING - SCHOOLS | |
|----------------------------------|--|
| Unit 17592 | Identify the causes of back injury and methods to prevent back injuries in the workplace |
| Total Credits | 4 credits [17592 - 4 Level 3 credits] |
| Course Duration | Self-paced |
| Availability | Online (Web-based) |
| Course Cost | \$49 +GST per Student |

pq 16 pq 17



A Trusted Schools Training Provider

With over 20 years' health and safety experience, Safety 'n Action are trusted training providers.

Our highly skilled team of training professionals come from industry and share a passion for creating a safer New Zealand.

Train at one of our centres nationwide or hop online and train at a time that suits you.

Bookings can be completed online, via email or over the phone.

Website:

BOOK TODAY!















in safety-'n-action