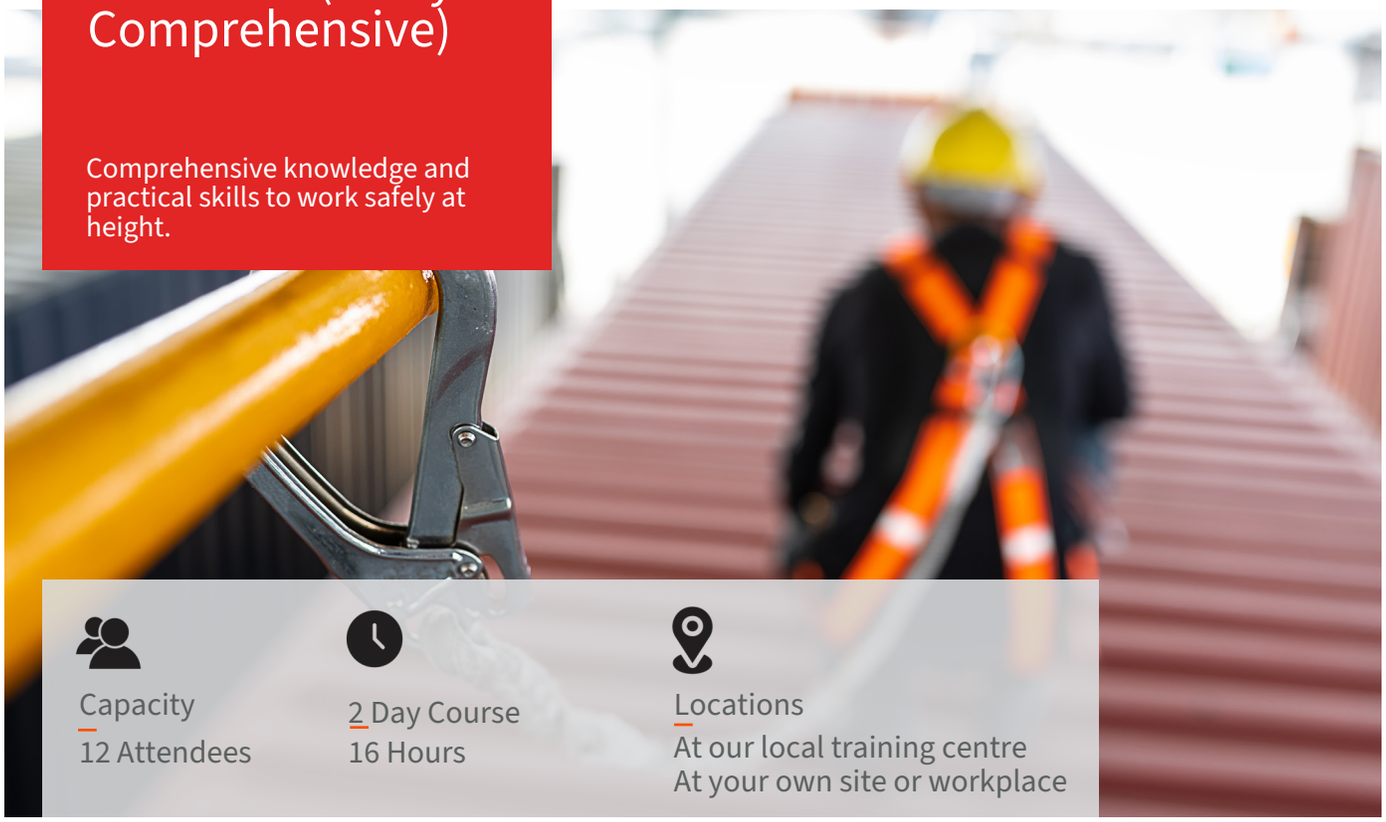
Height Safety Advanced (2 Day Comprehensive)

Comprehensive knowledge and practical skills to work safely at height.

SAFETY'N ACTION

AXIOM TRAINING



Capacity
12 Attendees

2 Day Course
16 Hours

Locations
At our local training centre
At your own site or workplace

Overview

This two-day comprehensive course gives learners the knowledge and practical skills to work safely at height. Combining classroom learning with hands-on practical training and realistic workplace scenarios, participants will select and inspect fall arrest systems, ropes and knots, install and disestablish proprietary height safety systems, and develop and implement a rescue plan. Ideal for anyone who regularly works at height.

Prerequisites: 3 months' industry work experience, and English at NCEA Level 1 (or IELTS 5.5). Please bring photo ID on the day.

Course Content

- Hazards associated with wearing a safety harness and associated equipment
- Safety harnesses and related systems and equipment
- Checking and fitting a safety harness system
- Using a harness where a fall hazard exists at height
- Developing and implementing a rescue plan for a fall
- Identifying anchor points and preparing to install temporary proprietary systems
- Installing horizontal and vertical temporary height safety systems
- Using and disestablishing temporary systems
- Hazards of scaffolds, MEWPs, ladders, guardrails, walkways, ramps and stairways

Unit Standards

UNIT 23229	Use a safety harness for personal fall prevention when working at height (L3, 4 credits)
UNIT 15757	Use, install and disestablish temporary proprietary fall arrest systems when working at height (L3, 4 credits)
UNIT 17600	Optional online module: Explain safe work practices for working at heights (L3, 3 credits)

Book your training today

0800 222 388

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