



**SAFETYTM
ACTION**

New Zealand's Leader in Health and Safety Training



Courses approved by Skills ITO

BOOK TODAY!

**0800 222 388
safetynaction.co.nz**



About us

At Safety 'n Action we believe success is putting safety first. That's why we are on a mission to transform New Zealand's health and safety culture.

As trusted industry leaders, we set the standard for health and safety training and consultancy. We help organisations like yours keep people safe in the workplace.

Safety 'n Action has been delivering world class health and safety training to New Zealand businesses for more than 20 years.

A safer workplace starts with us.

What sets us apart

- ✓ Over 65 courses on offer
- ✓ We combine the latest industry regulations with practical hands-on and online training
- ✓ Purpose built training centres across New Zealand - or we can come to you
- ✓ Category One provider – NZQA's highest rating
- ✓ Bespoke consultancy and advisory services
- ✓ Expert trainers
- ✓ Relevant and practical training



Innovative training solutions

Course Index

At Safety 'n Action we understand that employers need to access new ways to train their teams and keep their workforce safe. Online training offers the ideal solution as a natural addition to our face-to-face on-site and training centre based options.

Our course index includes all training options and delivery methods. Look for the icons below alongside each course title to view the methods available.

Key



Face-to-face

Training available at our training centre or your site.



Online

e Learning, interactive, animated online training, train at a time that suits you.



Self-Paced Webinars

A pre-recorded webinar that is completed entirely in your own time.



Asbestos

**DANGER ASBESTOS
DUST HAZARD**

Asbestos Awareness Seminar Unit Standards

Non unit standard seminar	N/A
Duration Half Day (4 Hours)	

Non Friable Asbestos Class B Unit Standards

Demonstrate knowledge of asbestos and safety procedures	2138 Level 2, Credits 1
Remove non-friable asbestos	29765 Level 4, Credits 3
Duration 2 Day (16 Hours)	



Chemicals / Certified Handler

Certified Handler Preparation Online Unit Standards



Demonstrate knowledge of hazardous substances relevant to Certified Handlers	31291 Level 5, Credits 6
Duration Self Paced Learning	



Hazardous Substances in the Workplace Seminar Unit Standards


Understand how to work safely with chemicals and other hazardous substances found in the workplace	N/A
Duration Half Day (4 Hours)	

Hazardous Substances in the Workplace Unit Standards


Demonstrate knowledge of workplace procedures relating to hazardous substances	31292 Level 3, Credits 2
Duration 1 Day (8 Hours)	


Management & Handling of Hazardous Substances  	Unit Standards
Demonstrate knowledge of safe management and potential adverse effects of hazardous substances in the workplace	31290 Level 4, Credits 6
Demonstrate safe handling, storage, and disposal of hazardous substances in the workplace	31293 Level 4, Credits 3
Duration 1 Day (8 Hours)	


Management & Handling of Hazardous Substances Refresher  	Unit Standards
Refresh the unit standards you already hold	31290, 31293
Duration Half Day (4 Hours)	

Spill Management Practical Seminar 	Unit Standards
Gain relevant workplace practical understanding and knowledge on how to deal with spills in the workplace	N/A
Duration Half Day (4 Hours)	

Confined Space & Gas Detection Refresher  	Unit Standards
Refresh the unit standards you already hold	3058, 17599, 18037, 18426, 19207, 25510
Duration Half Day (4 Hours)	


Confined Space - Entrant Only 	Unit Standards
Demonstrate knowledge of hazards associated with confined space	18426 Level 3, Credits 4
Duration 1 Day (8 Hours)	


Confined Space - Entrant Wine Industry 	Unit Standards
Demonstrate knowledge of hazards associated with confined space	18426 Level 3, Credits 4
Duration 1 Day (8 Hours)	

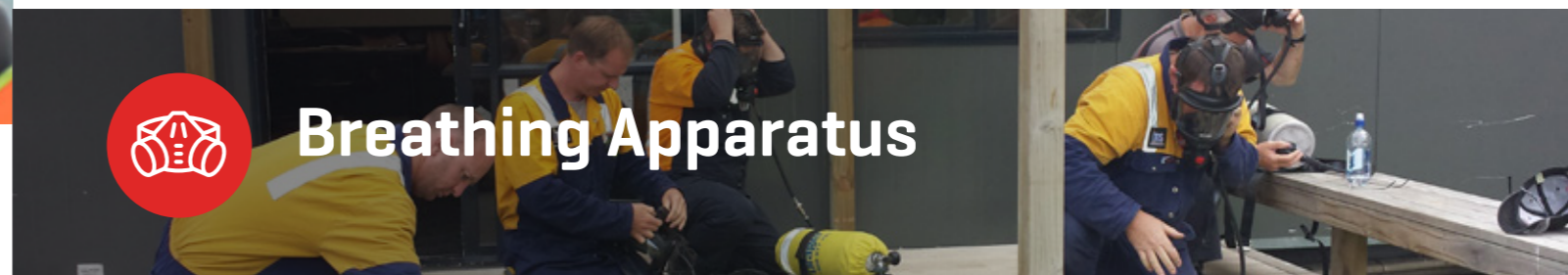
Safety Observer 	Unit Standards
Demonstrate knowledge of safety observer responsibilities in the workplace	17596 Level 3, Credits 8
Duration 1 Day (8 Hours)	




Confined Space & Gas Detection

Atmospheric Testing & Gas Detection 	Unit Standards
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510 Level 3, Credits 4
Perform gas tests for energy and chemical plant	3058 Level 4, Credits 5
Duration Half Day (4 Hours)	

Confined Space & Gas Detection 	Unit Standards
Plan a confined space entry	17599 Level 4, Credits 5
Demonstrate knowledge of hazards associated with confined spaces	18426 Level 3, Credits 4
Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	25510 Level 3, Credits 4
Optional Unit Standards 3058, 19207, 18037 (Additional post course paperwork required)	
Duration 2 Days (16 Hours)	



Breathing Apparatus

Breathing Apparatus Operational 	Unit Standards
Wear and operate compressed air breathing apparatus in the workplace	25044 Level 3, Credits 4
Duration 1 Day (8 Hours)	

Breathing Apparatus Operational Refresher 	Unit Standards
Refresh the unit standard you hold	25044
Duration Half Day (4 Hours)	



Mobile Elevated Work Platforms



Mobile Elevated Work Platform Refresher	Unit Standards
Refresh the unit standard you hold	23960, 23962, 23966, 23961, 23963, 23964
Duration Half Day (4 Hours)	

Mobile Elevated Work Platform	Unit Standards
Describe types of elevating work platforms (EWPs) and legislative requirements for their use	23966 level 3, Credits 2
Assess the worksite, prepare and operate a scissor lift	23960 Level 3, Credits 3
Assess the worksite, prepare and operate a truck-mounted EWP	23961 Level 3, Credits 4
Assess the worksite, prepare and operate a self-propelled boom lift	23962 Level 4, Credits 5
Assess the worksite, prepare and operate a trailer-mounted EWP	23963 Level 3, Credits 4
Assess the worksite, prepare and operate a vertical lift	23964 Level 3, Credits 2
Duration 1 Day (8 Hours) 2 machines per day maximum	



Height Safety



Height Safety Introduction	Unit Standards
Explain safe work practices for working at heights	17600 level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229 Level 3, Credits 4
Employ height safety equipment in the workplace	25045 Level 3, Credits 4
Duration 1 Day (8 Hours)	

Height Safety Advanced	Unit Standards
Explain safe work practices for working at heights	17600 level 3, Credits 3
Use a safety harness for personal fall prevention when working at height	23229 Level 3, Credits 4
Employ height safety equipment in the workplace	25045 Level 3, Credits 4
Use, install and disestablish temporary proprietary fall arrest systems when working at height	15757 Level 3, Credits 4
Duration 2 Day (16 Hours)	

Height Safety Refresher	Unit Standards
Refresh the unit standard you hold	15757, 17600, 23229, 25045, 23232
Duration Half Day (4 Hours)	

Harness Safety	Unit Standards
Use a safety harness for personal fall prevention when working at height	23229 Level 3, Credits 4
Duration Half Day (4 Hours)	

Height Safety Equipment Inspection	Unit Standards
Inspect and maintain height safety equipment	19359 Level 3, Credits 3
Duration Half Day (4 Hours)	






Fire Extinguisher / Fire Warden



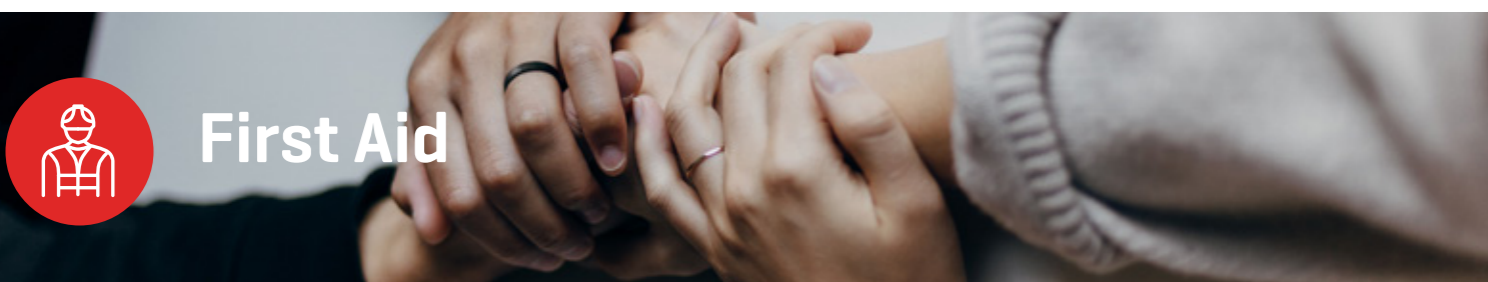
Fire Extinguisher	Unit Standards
Suppress fire with hand extinguishers and fixed hose reels	3271 Level 2, Credits 1
Explain principles of fire science	4647 Level 2, Credits 1
Duration Half Day (4 Hours)	

Fire Extinguisher Refresher	 	Unit Standards
Refresh the unit standards you hold		3271, 4647
Duration (2 Hours)		


Fire Extinguisher Short Course		Unit Standards
Suppress fire with hand extinguishers and fixed hose reels		3271 Level 2, Credits 1
Duration Half Day (3 Hours)		

Fire and Emergency Warden	 	Unit Standards
Demonstrate knowledge of fire and emergency warden duties in the workplace		18408 Level 3, Credits 3
Duration Half Day (4 Hours)		

Fire and Emergency Warden Refresher	 	Unit Standards
Refresh the unit standard you hold		18408
Duration (2 Hours)		







First Aid


Psychological First Aid		Unit Standards
This course with it's A,B,C..... T,A,L,K... guides provides valuable information and learnings enabling you to support those around you.		N/A
Duration (2 Hours)		







Schools Health & Safety


Schools Hazard and Risk Management	 	Unit Standards
Apply health and safety risk assessment to a job role		30265 Level 3, Credits 8
Duration 1 Day (8 Hours)		

Schools Health & Safety	 	Unit Standards
Apply health and safety risk assessment to a job role		497 Level 1, Credits 3
Undertake job safety analysis		19522 Level 3, Credits 3
Duration 1 Day (8 Hours)		

Schools Essentials in Health and Safety		Unit Standards
Apply health and safety risk assessment to a job role		497 Level 1, Credits 3
Undertake job safety analysis		19522 Level 3, Credits 3
Demonstrate knowledge of workplace health and safety requirements		30265 Level 3, Credits 8
Duration 2 Day (16 Hours)		

Schools Essentials in Construction	 	Unit Standards
Apply health and safety risk assessment to a job role		497 Level 1, Credits 3
Demonstrate knowledge of and carry out health and safety procedures for a building/construction site.		21209 Level 2, Credits 4
Demonstrate knowledge of workplace health and safety requirements		30265 Level 3, Credits 8
Duration 2 Day (16 Hours)		

Schools Hearing Conservation & Manual Handling	 	Unit Standards
Identify the causes of back injury and methods to prevent back injury's in the workplace		17592 Level 3, Credits 4
Demonstrate knowledge of hearing conservation in the workplace		17594 Level 3, Credits 3
Duration 1 Day (8 Hours)		

Schools Height Safety Introduction		Unit Standards
Explain safe work practices for working at heights		17600 level 3, Credits 3
Use a safety harness for personal fall prevention when working at height		23229 Level 3, Credits 4
Duration 1 Day (8 Hours)		



Health & Safety



Accident and Event Investigation Unit Standards

Produce an occupational health and safety incident investigation 17601 | Level 4, Credits 6

Duration | 1 Day (8 Hours)

Apply Safe Work Practices Unit Standards

Apply safe work practices in the workplace 17593 | Level 2, Credits 4

Duration | Self Paced Learning

Construction Site Access Unit Standards

Demonstrate knowledge of and carry out health and safety procedures for a building construction site 21209 | Level 2, Credits 4

Duration | Half Day (4 Hours)

Coordinated Incident Management Systems Unit Standards

Demonstrate knowledge of the Coordinated Incident Management System (CIMS) 32158 | Level 3, Credits 8

Duration | 1 Day (8 Hours)

Discomfort, Pain & Injury Unit Standards

Demonstrate knowledge of the prevention and management of Discomfort, Pain and Injury (DPI) in the workplace 17591 | Level 3, Credits 8

Duration | 1 Day (8 Hours)

Hazard and Risk Management Unit Standards

Apply health and safety risk assessment to a job role 30265 | level 3, Credits 8

Demonstrate knowledge of workplace health and safety requirements 497 | Level 1, Credits 3

Duration | 1 Day (8 Hours)

Hazard and Risk Management and Permit Receiver Unit Standards

Demonstrate knowledge of workplace health and safety requirements 497 | Level 1, Credits 3

Apply health and safety risk assessment to a job role 30265 | Level 3, Credits 8

Apply for, accept and carry out work according to a work permit in the workplace 17588 | Level 3, Credits 4

Duration | Self Paced Learning

Hazard & Permit Receiver refresher Unit Standards

Refresh the unit standards you hold 497, 30265, 17588

Duration | Self Paced Learning

Hazard and Risk Management and Permit Issuer Unit Standards

Demonstrate knowledge of workplace health and safety requirements 497 | Level 1, Credits 3

Apply health and safety risk assessment to a job role 30265 | Level 3, Credits 8

Issue work site specific work permits 17590 | Level 3, Credits 6

Duration | Self Paced Learning

Hazard & Permit Issuer refresher Unit Standards

Refresh the unit standards you hold 497,30265, 17590

Duration | Self Paced Learning

Hazard & Permit to Work refresher Unit Standards

Refresh the unit standards you hold 497, 30265, 17590, 17588

Duration | 1 Day (8 Hours) | Online method also includes Unit 17593

Isolations / [LOTO - Lock out, tag out] Unit Standards










Refresh the unit standards you hold 25043 | Level 3, Credits 4

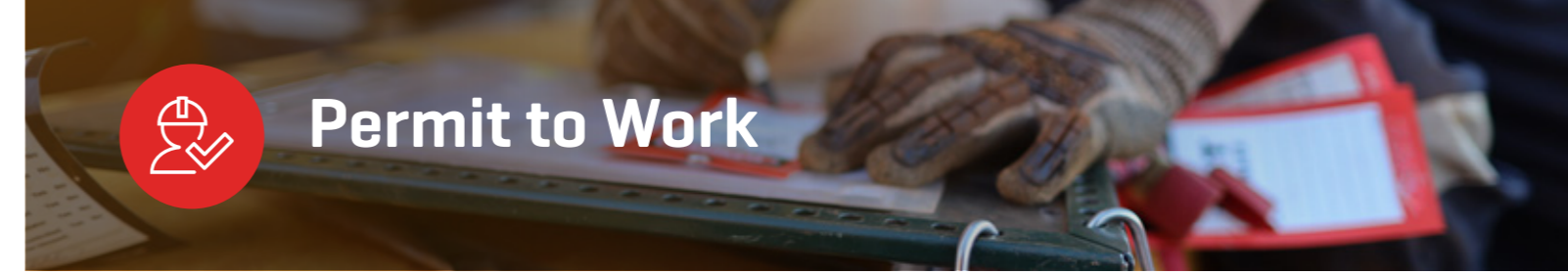
Duration | Half Day (4 Hours)

Hearing Conservation Unit Standards













Demonstrate knowledge of hearing conservation in the workplace 17594 | Level 3, Credits 3

Duration | Half Day (4 Hours)

Health & Safety Representative Initial  	Unit Standards
Describe the role and functions of the health and safety representative in a New Zealand workplace	29315 Level 3, Credits 2
Duration 1 Day (8 Hours)	
Health & Safety at Work Seminar 	Unit Standards
Non Unit Standard Seminar	N/A
Duration Half Day (4 Hours)	
Health & Safety Committee 	Unit Standards
Describe the role and function of a health and safety committee in a New Zealand workplace	30433 Level 3, Credits 2
Duration 1 Day (8 Hours)	
Prevention of Back Injury 	Unit Standards
Identify the causes of back injury and methods to prevent back injuries in the workplace.	17592 Level 3, Credits 4
Duration Half Day (4 Hours)	
Workplace Health & Safety 	Unit Standards
Demonstrate knowledge of workplace health and safety requirements	497 Level 1, Credits 3
Duration Half Day (4 Hours)	
Marae Health & Safety 	Unit Standards
Non Unit Standard Seminar	N/A
Duration 6 Hours	
Health & Safety Board Management Seminar 	Unit Standards
Non Unit Standard Seminar	N/A
Duration Half Day (4 Hours)	
Health & Safety Board Management Overview 	Unit Standards
Non Unit Standard Seminar	N/A
Duration 2 Hours	



Permit to Work

Common Permit to Work 	Unit Standards
Apply for, accept and carry out work according to a work permit in the workplace.	17588 Level 3, Credits 4
Duration 1 Day (8 Hours)	
Permit Issuer   	Unit Standards
Issue work site specific work permits	17590 Level 3, Credits 6
Duration 1 Day (8 Hours)	
Permit Issuer - Safe Work Systems  	Unit Standards
Issue work site specific work permits (Fonterra Permit System)	17590 Level 3, Credits 6
Duration 1 Day (8 Hours)	
Permit Receiver   	Unit Standards
Apply for, accept and carry out work according to a work permit in the workplace	17588 Level 3, Credits 4
Duration 1 Day (8 Hours)	
Permit Receiver - Safe Work Systems  	Unit Standards
Apply for, accept and carry out work according to a work permit in the workplace (Fonterra Permit System)	17588 Level 3, Credits 4
Duration 1 Day (8 Hours)	
Permit Receiver and Permit Issuer 	Unit Standards
Apply for, accept and carry out work according to a work permit in the workplace	17588 level 3, Credits 4
Issue work site specific work permits	17590 Level 3, Credits 6
Duration Self Paced Learning	

Permit Receiver and Permit Issuer Refresher	Unit Standards
Refresh the unit standards you hold	17588, 17590
Duration Self Paced Learning	



DKO (Demonstrate knowledge of) Crane Industry	Unit Standards
Demonstrate knowledge of crane types, safe practices required in the crane industry	3788 Level 3, Credits 4
Duration Half Day (4 Hours)	

Electric Hoist Seminar	Unit Standards
Non Unit Standard Seminar	N/A
Duration Half Day (4 Hours)	

Sling Regular Loads Safely	Unit Standards
Demonstrate and apply knowledge of slinging regular loads safely	30072 Level 3, Credits 14
Duration 1 Day (8 Hours)	

Overhead Gantry Crane	Unit Standards
Operate a radio remote or pendant controlled overhead crane and lift and place regular loads	3800 Level 3, Credits 10
Duration 1 Day (8 Hours)	

Sling Regular Loads Safety & Overhead Gantry Crane	Unit Standards
Operate a radio remote or pendant controlled overhead crane and lift and place regular loads	3800 Level 3, Credits 10
Duration 1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed online	

Overhead Gantry Crane Refresher	Unit Standards
Refresh the unit standards you hold	30072, 3800
Duration Half Day (4 Hours)	

Sling Regular Loads Safety & Rigging and Slings	Unit Standards
Demonstrate and apply knowledge of slinging regular loads safely	30072 Level 3, Credits 14
Sling varied regular loads and safely direct a crane during crane operations	3789 Level 3, Credits 15
Duration 2 Days (16 Hours)	

Rigging and Slings	Unit Standards
Sling varied regular loads and safely direct a crane during crane operations	3789 Level 3, Credits 15
Duration 1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed	

Rigging and Slings Refresher	Unit Standards
Refresh the unit standards you hold	30072, 3789
Duration 1 Day (8 Hours)	

Sling Regular Loads Safely & Truck Loader Crane	Unit Standards
Use a truck loader crane to lift and place loads	16617 Level 3, Credits 15
Duration 1 Day (8 Hours) *30072 (Sling Regular Loads Safely) must have been completed online	

Truck Loader Crane	Unit Standards
Use a truck loader crane to lift and place loads	16617 Level 3, Credits 15
Duration 1 Day (8 Hours)	

Truck Loader Crane Refresher	Unit Standards
Refresh the unit standards you hold	30072, 16617
Duration Half Day (4 Hours)	



Don't take our word for it!

Here is what our customers have to say about training with us.

The trainer had great in depth knowledge and experience with the MEWP's and kept the course interesting with personal experiences

- Mobile Elevated Work Platform Training Wellington

Our trainer was great. She was patient, friendly and made the time enjoyable. Was amazing to hear how extensive her knowledge is.

- Health and Safety Representative Initial Christchurch

Our instructor was brilliant and extremely thorough; to the point of being so easy to learn from and touch base with for clarification on things I might need to be reiterated. Can't recommend the course enough! The scenarios were such a good practical exercise to apply theory into practice and all the knowledge was solidified really well. Love it!

- Height Safety Advanced Auckland

I thought the presentation of information and the way that the page layout was designed, made the assessment aspect very good. Alot easier than other recent online courses I have carried out.

- Self Paced Confined Space and Gas Detection Refresher Webinar

Well presented, good content, excellent handouts, good mix of presentation media and excellent handbook!

- Accident and Event Investigation Auckland

Our trainer was very adept and enthusiastic on the topic, and competently led a class of already adept workers through a great course.

- Isolations (Lock out/Tag Out) Auckland

Extremely good course, really enjoyable, refreshers in the past have always been good, this one stood out as very thorough and clearly fr a passionate and knowledgeable professional. For sure this will help save lives.

- Confined Space and Gas Detection Refresher Palmerston North

The humour in this course takes the stress away and makes it enjoyable. Relevant and found the course very easy to navigate. Enjoyed the online course, awesome job.

- Online Hazard and Risk Management

Brilliant instructor. Obviously knew his stuff, confident delivery and easy to listen to and understand. Great Job.

- Self Paced Health and Safety Representative Initial Webinar



Follow us on Social Media!

Follow our social media channels below to keep us with the latest news, product releases and industry insights.



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Safety 'n Action



SAFETY 'N ACTION

Proudly training over 40,000 students each year across thousands of New Zealand businesses.

Our purpose fitted training centres:

Whangarei, Northland

6 Dyer Street, Raumanga,
Whangarei, Northland

Albany, Auckland

7B Ride Way,
Albany, Auckland

Highbrook, Auckland

14 Ross Reid Place,
East Tamaki, Auckland

Hamilton, Waikato

17 Tasman Road,
Te Rapa, Waikato

Morrinsville, Waikato

7 Canada Street,
Morrinsville, Waikato

New Plymouth, Taranaki

1a Sunley Street,
New Plymouth, Taranaki

Palmerston North, Manawatu

7 El Prado Drive,
Palmerston North, Manawatu

Porirua, Wellington

25 Prosser Street,
Porirua, Wellington

Christchurch, Canterbury

16 Hickory Place, Islington,
Christchurch, Canterbury

Dunedin, Otago

100B Cumberland Street,
Dunedin, Otago

Training also available at these locations:

Tauranga

Classic Flyers Aviation Museum
9 Jean Batten Drive,
Mount Maunganui

Nelson

Heslops Group,
7 Kotua Place,
Stoke, Richmond

Hawkes Bay, Napier

Bluewater Stadium,
Clyde Jeffery Drive,
Poraiti,
Napier

Invercargill, Southland

ILT Stadium Southland,
Surrey Park Sports Centre,
Isabella Street,
Glengarry, Invercargill



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