

# First Aid Level 1 – Basic (Blended Learning)



**SAFETY<sup>™</sup>  
ACTION**

**AXIOM  
TRAINING**

This course is a combination of Online and Face to Face Training.

Complete your theory component online in your own time (60 days provided), followed by a 4 Hour practical component.



## **Capacity**

15 attendees



## **Blended Learning**

Online Theory + 4  
Hour Practical



## **Locations**

At your own site or workplace

## **Overview**

This nationally recognised First Aid course will refresh you with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

## **Prerequisites**

Students must complete theory content online before attending half day face-to-face practical. Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

## **Course Content**

- ✓ Provide basic life support and first aid.
- ✓ Understand and be able to respond to dangers to ensure the safety of your self and others in the area.
- ✓ Assess and assist a collapsed or injured person(s).
- ✓ Control foreign body airway obstructions
- ✓ Apply basic first aid to a range of traumas and/or medical conditions.

## **Unit Standards**

- UNIT 6402** Provide Basic Life Support  
**UNIT 6401** Provide First Aid

**Book your training today**

**0800 222 388**

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