



Schools Training Solutions



New Zealand's Leader in Health and Safety Training 0800 222 388 | safetynaction.co.nz

Why Choose Our Gateway Programmes

GET READY TO WORK. ACHIEVABLE NZQA CREDITS.

Prepare your students for a safe and healthy future in the workplace.

Safety 'n Action is New Zealand's leader in health and safety training. We have a proven track record with training in school, training over 4000 high school Gateway students every year. Health and safety competence is a critical skill for entering the workforce and our training will support a student's chances of securing a job.

YOUR TRAINERS

We have 60 trainers who combine technical expertise with a passion for delivering high quality and professional training. All trainers are accredited assessors and hold adult education qualifications along with a number of safety and relevant industry qualifications.

YOUR CONVENIENCE

Our training centres are nationwide, providing students with the opportunity to step into a simulated workplace, or alternatively, we can come to your location.



New Zealand's Leader in Health and Safety Training 0800 222 388 | safetynaction.co.nz

Schools Confined Space – Entrant Only

Acquire a comprehensive understanding of the hazards and controls used when working with confined spaces.





Overview

Capacity

12 Attendees

This course will provide you with knowledge of the legislative requirements and an understanding of how to identify the associated hazards, applicable control measures and monitoring and testing requirements when working with confined spaces. It will also cover the responsibilities and duties of people entering or conducting observation duties.

Course Content

- Recognise the legislative requirements associated with working in a confined space
- Demonstrate knowledge of gases, their causes, their harmful effects and correctly select and explain the purpose and operation of gas detectors including the safety checks and certificates required
- Understand the responsibilities and duties of people entering confined spaces or conducting observation duties for confined spaces
- Determine the legal documentation requirements for the entry, define the necessary considerations on an entry permit form, complete an entry permit form and all additional relevant documentation

Unit Standards

UNIT 18426 Demonstrate knowledge of hazards associated with confined Level 3, 4 Credits. space



Schools Construction **Site Access**

Gain knowledge of health and safety legislation as it applies to building and construction sites. Apply health and safety procedures under supervision for a building or construction site.





Overview

Capacity

Participants in this training will learn methods of hazard identification in accordance with the organisations' procedures, identify PPE for the worksite and describe its correct use. Participants will also learn the skill to effectively seek out and learn the accident notification and workplace emergency procedures in line with the workplace or worksite they are entering.

Course Content

- Understand health and safety procedures.
- Identify personal protective equipment for the workplace and its correct use
- Identify worksite specific health and safety procedures
- Awareness of hazard identification relating to hazards
- Awareness of what to do in an emergency

Unit Standards

UNIT 21209 Demonstrate knowledge of and carry out health and safety Level 2, 4 Credits. procedures for a building construction site.



Online and Face to Face delivery options available for this course.

Book your training today



\$1590 + GST group booking

Schools Discomfort, **Pain and** Injury



Ensure ongoing physical performance by understanding how the body functions and effective techniques to combat the risk of injury



Overview

This course will support anyone that is involved in or responsible for the prevention and management of discomfort, pain and injury within your organisation. Gain clarity on effective methods to use, including lifting and moving techniques that will relate directly to common workplace activities and knowledge around combating back and musculoskeletal injuries

Course Content

- Describe what is meant by discomfort, pain and injury
- Outline the groups of contributory factors that lead to discomfort, pain and injury
- Oescribe the contributory factors that individuals and workplaces need to consider when preventing and managing discomfort, pain and injury
- Outline measures used to manage the risks to staff experiencing discomfort, pain and injury

Unit Standards

UNIT 17591 Demonstrate knowledge of the prevention and management of Level 3, 8 Credits Discomfort, Pain and Injury (DPI) in the workplace





\$2390 + GST group booking

Schools Essentials in Construction





Overview

This course will give you an understanding of terminology/signage used on a construction site and how to complete a Risk assessment including JSAs to meet the requirements of the HSWA 2015

Course Content

- Identify and describe legislative rights and responsibilities for workplace health and safety
- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Describe the principles of health and safety risk assessment
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- Demonstrate knowledge of the organisation's health and safety procedures, and apply the organisation's health and safety procedures under supervision for a building construction site

Unit Standards

UNIT 497	Demonstrate knowledge of workplace health and safety requirements	Level 1, 3 Credits
UNIT 30265	Apply health and safety risk assessment to a job role	Level 3, 8 Credits
UNIT 21209	Demonstrate knowledge of and carry out health and safety procedures for a building construction site	Level 2, 4 Credits

Book your training today



\$3950 + GST group booking

Schools **Essentials in Health and** Safety

Prepare yourself for future employment, with a comprehensive understanding of the latest health and safety regulations and the skills to identify and prevent harm in the workplace.







Overview

Capacity

20 Attendees

This course will give you an understanding of terminology/signage used on a construction site and how to complete a Risk assessment including JSAs to meet the requirements of the HSWA 2015

Course Content

- \heartsuit Identify and describe legislative rights and responsibilities for workplace health and safety
- 🔗 Describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the HSWA.
- Describe the principles of health and safety risk assessment

16 Hours

- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- Prepare a work method statement; and undertake a job safety analysis

Unit Standards

UNIT 497	Demonstrate knowledge of workplace health and safety	Level 1, 3 Credits
	requirements	
UNIT 30265	Apply health and safety risk assessment to a job role	Level 3, 8 Credits
UNIT 19522	Undertake job safety analysis	Level 3, 3 Credits

Book your training today

\$3950 + GST company booking

Schools Fire and Emergency Warden



Gain the knowledge and skills to carry out an effective fire and emergency plan.







Capacity 12 Attendees





Locations At our local training centre At your school

Overview

This course will give you an in-depth understanding of the duties of a Fire and Emergency Warden in accordance with the law, as well as the practical skills to effectively evacuate the workplace in event of a fire or emergency.

Course Content

- Oemonstrate knowledge of evacuation requirements for a particular workplace or site.
- 📀 Explain the duties of a Fire and Emergency Warden in accordance with the law
- Select and implement a strategy to evacuate the workplace

Unit Standards

UNIT 18408 Demonstrate knowledge of fire and emergency warden duties Level 3, 3 Credits in the workplace





\$1590 + GST company booking

Schools Fire Extinguisher

Gain knowledge in the operation of different types of fire extinguishers and fire suppression techniques used in





Overview

This course will provide you with an understanding of the different types of fire extinguishers and give you the practical skills to put out a fire using the correct equipment, whilst learning about new developments relating to effective fire suppression.

Course Content

- Demonstrate knowledge of the basic principles of the physics and chemistry of fire
- Understand the fire classes and fire suppression techniques
- Select and implement a strategy to deal with fire

Unit Standards

UNIT 3271	Suppress fire with hand extinguishers and fixed hose reels	Level 2, 1 Credit
UNIT 4647	Explain principles of fire science	Level 2, 1 Credit





\$1590 + GST company booking

Schools Harness Safety

Understand how to effectively use height safety and safety harness equipment





Overview

Capacity

12 Attendees

20

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use a harness in conjunction with other height safety equipment. Also, understand the hazard and risk management process, specifically hazards associated with height systems and ascertain the importance of having a rescue plan. We cover hazards associated to working at height and with scaffolds, mobile elevated work platforms, ladders, ramps and stairways.

Course Content

- Explain the legislative requirements and systems used for working at heights
- Demonstrate knowledge of hazards associated with wearing a safety harness and associated equipment
- Demonstrate knowledge of safety harnesses and associated systems and equipment
- Check and fit a safety harness system
- Subset of the second se
- Identify suitable height work equipment and suitable anchor points for fall and arrest systems
- Demonstrate knowledge of a rescue plan to be activated in the event of a fall

Unit Standards

UNIT 17600	Explain safe work practices for working at heights	Level 3, 3 Credits
UNIT 23229	Use a safety harness for personal fall prevention when	Level 3, 4 Credits
	working at height	

Book your training today



\$2350 + GST group booking

Height Safety Introduction



Understand the legal requirements, systems and procedures to conduct work safely at height



Overview

Capacity

20

This course will guide you through the selection and use of different types of fall arrest equipment. It involves a number of practical scenarios including fall arrest, work positioning, restraint systems and developing a rescue plan. We also cover hazards associated with scaffolds, mobile elevated work platforms, ladders, guardrails, walkways, ramps and stairways.

Course Content

- \heartsuit Explain the legislative requirements and systems used for working at heights
- 🔗 Demonstrate knowledge of hazards associated with wearing a safety harness and associated equipment
- Demonstrate knowledge of safety harnesses and associated systems and equipment
- 📀 Use a safety harness system where a fall hazard exists at height
- Check and fit a safety harness system
- Demonstrate knowledge of the rescue plan to be activated in the event of a fall
- Identify the common types of height safety equipment used in the workplace
- 🛛 Identify suitable height work equipment and suitable anchor points for fall and arrest systems
- \heartsuit Use height safety equipment and plan rescue techniques and emergency procedures for working at height

Unit Standards

UNIT 23229	Use a safety harness for personal fall	
	prevention when working at height	
UNIT 25045	Employ height safety equipment in the	
	workplace	

Book your training today



\$2380 + GST group booking

Schools Health and Safety



Prepare yourself for future employment, with a comprehensive understanding of the Health and Safety at Work Act 2015 and the practical skills to apply these principles in the workplace



Overview

Capacity

20 Attendees

This course will show you how to identify and describe your rights and responsibilities in the workplace, how to approach your workplace and explain the hazards and risks by doing an analysis of the work on paper. With the steps how to do it safely and make it safer by using control measures.

Course Content

Identify and describe legislative rights and responsibilities for workplace health and safety

At your school

- Describe the systems approach to workplace health and safety
- Explain how risks and hazards are defined in the HSWA
- Able to: prepare a work method statement, and undertake a job safety analysis

Unit Standards

UNIT 497	Demonstrate knowledge of workplace health and safety	Level 1, 3 Credits
	requirements	
UNIT 19522	Undertake job safety analysis	Level 3, 3 Credits

Book your training today



\$160 + GST per person \$2350 + GST company booking

Schools Hearing Conservation and Manual Handling

Gain a valuable understanding of how to avoid back pain and hearing loss, two of the most common workplace injuries.





Overview

Capacity

20 Attendees

This course will provide you with the manual handing skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury. Excessive noise is also a major health issue in the workplace which if not controlled can cause significant hearing damage. During this course you will learn how to manage and control noise, as well as useful methods of hearing protection.

Course Content

- Understand how back injury can occur and how to prevent it
- Describe the structure and function of the spine
- Identify back care techniques
- Identify workplace control measures to reduce the risk of back injury
- Demonstrate knowledge of how excessive noise can cause harm to your hearing
- Understand how to manage and control noise and the different methods of hearing protection

Unit Standards

UNIT 17592	Identify the causes of back injury and methods to prevent back	Level 3, Credits
	injury's in the workplace	
UNIT 17594	Demonstrate knowledge of hearing conservation in the	Level 3, 3 Credits

workplace



\$2350 + GST company booking

Schools Hearing Conservation



Understand the Science of Sound and Equip Yourself with the right Hearing Protection for the job





Capacity 20 Attendees





Locations At our local training centre At your school

Overview

Students will gain a comprehensive understanding of the mechanisms of hearing and the various factors that contribute to hearing impairment. Throughout the course, participants will delve into the intricacies of sound intensity measurement, exploring the concept of the hearing comfort zone and suitable hearing protection devices that can avoid the detrimental effects of prolonged noise exposure.

Course Content

- 🛇 Understand the mechanism of hearing and the causes of hearing impairment
- 🛇 Understand how sound intensity is measured, the hearing comfort zone, and the effects of noise
- Demonstrate knowledge of how excessive noise can cause harm to your hearing
- 🛇 Understand how to manage and control noise and the different methods of hearing protection

Unit Standards

UNIT 17594 Demonstrate knowledge of hearing conservation in the Level 3, 3 Credits workplace



Online and Face to Face delivery options available for this course.

Book your training today



\$1590 + GST group booking

Schools Manual Handling

Understand how the body functions and how to use the correct techniques to prevent back injury in the workplace





Overview

Capacity

20 Attendees

This course will provide you with the manual handing skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury.

Course Content

- Understand how back injury can occur and how to prevent it
- Describe the structure and function of the spine
- Identify back care techniques
- Identify workplace control measures to reduce the risk of back injury

Unit Standards

UNIT 17592 Identify the causes of back injury and methods to prevent back Level 3, 4 Credits injury's in the workplace



Online and Face to Face delivery options available for this course.

Book your training today



\$1590 + GST group booking

Schools Hazard and Risk Management

Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential risks and hazards in the workplace





Overview

Capacity

20 Attendees

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well. In a practical exercise, you will prepare a work method statement and undertake a job safety analysis

Course Content

- 📀 Demonstrate knowledge of workplace health and safety legislation
- 📀 Ability to identify, control and monitor risks in the workplace
- Prepare and undertake a job safety analysis
- Inderstand how to describe the principles of health and safety risk assessment
- Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

Unit Standards

UNIT 30265 Apply health and safety risk assessment to a job role.

Level 3, 8 Credits Level 1, 3 Credits

UNIT 497 Demonstrate knowledge of workplace health and safety requirements



Online and Face to Face delivery options available for this course.

\$

\$2350 + GST group booking

Book your training today

Schools Risk Assessment



This in-person training is designed to provide you with the tools and knowledge to effectively conduct health and safety risk assessments in your job role.



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Capacity 20 Attendees





Locations At our local training centre At your school

Overview

Elevate workplace safety with our immersive one-day Health and Safety Risk Assessment course. Gain essential skills to identify hazards, evaluate risks, and implement effective mitigation strategies, all in line with regulatory requirements and industry best practices. This hands-on training equips you to make informed, safety-focused decisions, ensuring a safer, more compliant work environment.

Course Content

- Describe the principles of health and safety risk assessment.
- Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice.

Unit Standards

UNIT 30265 Apply health and safety risk assessment to a job role

Level 3, 8 Credits



Online and Face to Face delivery options available for this course.

Book your training today



\$2125 + GST group booking

Schools Security (COA) Certificate of Approval

The Certificate of Approval (COA) training course is specifically tailored to offer a comprehensive understanding of the New Zealand Security industry, COA process, and professional standards expected of security personnel.









Capacity 14 Attendees



0 Locations

At our local training centre At your school

Overview

Throughout the course, you will delve into licensing requirements, relevant legislation, and critical responsibilities of security officers. A key component focuses on the COA application process, documentation, and record-keeping practices, including incident and hazard reports, and removal registers.

Emphasising effective communication, our training covers the use of brevity codes for clear and efficient information exchange in high-pressure or time-sensitive situations.

Course Content

- Demonstrate knowledge of the security industry in the pre-employment context.
- Describe conflict management in a security context.
- Manage conflict situations in a security context.

Unit Standards

UNIT 27364	Demonstrate knowledge of the security industry in the pre-	Level 2, 4 Credits
	employment context.	
UNIT 27360	Describe conflict management in a security context.	Level 3, 4 Credits
UNIT 27361	Manage conflict situations in a security context	Level 3 4 Credits

Manage conflict situations in a security context.

Book your training today



Enquire for group pricing

Schools Security (COA) Certificate of Approval Blended Learning

The Certificate of Approval (COA) training course is specifically tailored to offer a comprehensive understanding of the New Zealand Security industry, COA process, and professional standards expected of security personnel.





Overview

Capacity

14 Attendees

Throughout the course, you will delve into licensing requirements, relevant legislation, and critical responsibilities of security officers. A key component focuses on the COA application process, documentation, and record-keeping practices, including incident and hazard reports, and removal registers.

Emphasising effective communication, our training covers the use of brevity codes for clear and efficient information exchange in high-pressure or time-sensitive situations.

Students must complete theory content online before booking 1 day face-to-face practical.

Course Content

- Demonstrate knowledge of the security industry in the pre-employment context.
- Oescribe conflict management in a security context.
- Manage conflict situations in a security context.

Unit Standards

UNIT 27364	Demonstrate knowledge of the security industry in the pre- employment context.	Level 2, 4 Credits
UNIT 27360	Describe conflict management in a security context.	Level 3, 4 Credits
UNIT 27361	Manage conflict situations in a security context.	Level 3, 4 Credits

Book your training today

\$2500 + GST group booking

\$300 +GST per person

Schools Drugs and Alcohol Management



Gain the knowledge and skills to effectively address drug and alcohol challenges, ensuring a safe and compliant workplace.





Capacity 20 Attendees

Half Day Workshop 4 Hours



Locations At our local training centre At your school

Overview

The Drug and Alcohol Management course provides participants with essential knowledge and skills to address workplace substance misuse effectively. Covering topics such as drug classifications, workplace policies, legal responsibilities, and recognizing impairment, this course equips learners with strategies for ensuring safety and compliance. Participants will also explore the role of external resources and support systems in managing drug and alcohol-related challenges, fostering a healthy and productive work environment. Designed in accordance with New Zealand legislation, this course is vital for maintaining workplace integrity and employee well-being.

Course Content

- Define Drug Classifications, Offences, and Penalties
- Describe Behaviour and Protocols for Dealing with Impaired Individuals
- 🔗 Describe Management of Workers with Drug and Alcohol-Related Issues

Unit Standards

UNIT 22316 Demonstrate knowledge of the management of drug and alcohol related problems in the workplace

Level 1, 3 Credits



Schools Forklift Operator





Overview

This course develops the skills, knowledge and confidence required to start up, operate and drive a forklift in a range of environmental conditions. You will understand the importance of load stability and be able to safely manoeuvre loads in/out and around traffic and structures.

Course Content

- Demonstrate knowledge of the safe operation of a forklift
- Conduct pre-operational inspection and start-up procedures for a forklift
- Oemonstrate safe driving skills on the road and consider various environmental factors
- Park and shut down the forklift, ensuring safety and security

Unit Standards

UNIT 10851 Operate a powered industrial lift truck (forklift)

Level 3, 7 Credits

Book your training today



\$255 + GST per person \$2300 + GST group booking

First Aid Level 1 - Basic (Face to Face)

AFETY[™] AXIOM Ction training

Gain the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons.



Overview

Capacity

15 Attendees

During this First Aid training, you will gain the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. In addition, you can recognise the warning signs and symptoms of someone who is experiencing the negative effects of a medical condition and be able to aid until the casualty recovers or emergency services arrive and take over.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- 🛇 Understand and be able to respond to dangers to ensure the safety of yourself and others in the area
- Assess and assist a collapsed or injured person(s).
- Control foreign body airway obstructions
- Apply basic first aid to a range of traumas and/or medical conditions.

Unit Standards

UNIT 6402	Provide Basic Life Support
UNIT 6401	Provide First Aid

Level 1, 1 Credit Level 2, 1 Credit

Book your training today

\$255 + GST per person \$2750 + GST group booking

First Aid Level 1 – Basic (Blended Learning)

This course is a combination of Online and Face to Face Training.

Complete your theory component online in your own time (60 days provided), followed by a 4 Hour practical component.





Overview

Capacity

15 Attendees

This nationally recognised First Aid course will refresh you with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- Understand and be able to respond to dangers to ensure the safety of your self and others in the area.
- Assess and assist a collapsed or injured person(s).
- Control foreign body airway obstructions
- Apply basic first aid to a range of traumas and/or medical conditions.

Unit Standards

UNIT 6402	Provide Basic Life Support	Level 1, 1 Credit
UNIT 6401	Provide First Aid	Level 2, 1 Credit

Book your training today



\$180 + GST per person \$1850 + GST group booking

First Aid Level 1 -Basic Refresher (Face to Face)

Refresh the skills and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support.







Capacity 15 Attendees





Locations At our local training centre At your school

Overview

This nationally recognised First Aid course will refresh you with the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. In addition, you can recognise the warning signs and symptoms of someone who is experiencing the negative effects of a medical condition and be able to aid until the casualty recovers or emergency services arrive and take over.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- Understand the dangers of and secure an emergency scene.
- Assess the condition of and assist a collapsed or injured person(s).
- 📀 Control foreign body airway obstructions
- Apply basic first aid to a range of medical conditions
- Manage first aid in an emergency.

Book your training today



\$235 + GST per person \$2500 + GST group booking

First Aid Level 1 – Basic Refresher (Blended Learning)

This course is a combination of Online and Face to Face Training.

Complete your theory component online in your own time (60 days provided), followed by a 4 Hour practical component.







Capacity 15 Attendees **Blended Learning** Online Theory + 4 Hour Practical



Locations At our local training centre At your school

Overview

This nationally recognised First Aid course will refresh you with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- \bigcirc Understand the dangers of and secure an emergency scene.
- Assess the condition of and assist a collapsed or injured person(s).
- 📀 Control foreign body airway obstructions
- Apply basic first aid to a range of medical conditions
- Manage first aid in an emergency.

Book your training today



\$170 + GST per person \$1750 + <u>GST group booking</u>

First Aid Level 2 -**Advanced** (Face to Face)



This course will teach you the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.



Overview

This nationally recognised First Aid course will teach you the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- Understand the dangers of and secure an emergency scene.
- Assess the condition of and assist a collapsed or injured person(s).
- Control foreign body airway obstructions
- Apply basic first aid to a range of medical conditions
- Manage first aid in an emergency.

Unit Standards

UNIT 6402	Provide Basic Life Support	Level 1, 1 Credit
UNIT 6401	Provide First Aid	Level 2, 1 Credit
UNIT 6400	Manage First Aid in an emergency situation.	Level 3, 2 Credits



\$4150 + GST group booking

First Aid Level 2 - Advanced (Blended Learning)

This course is a combination of Online and Face to Face Training.

Complete your theory component online in your own time (60 days provided), followed by an 8 Hour practical component.







Capacity 15 Attendees

Blended Learning Online Theory + 8 Hour Practical

Locations At our local training centre At your school

Overview

This nationally recognised First Aid course will teach you the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

0

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- Understand the dangers of and secure an emergency scene.
- Assess the condition of and assist a collapsed or injured person(s).
- Control foreign body airway obstructions
- Apply basic first aid to a range of traumas and/or medical conditions.
- Manage first aid in an emergency.

Unit Standards

UNIT 6402 Provide Basic Life Support	UNIT 6402	Provide Basic Life Support	
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- UNIT 6401 Provide First Aid
- **UNIT 6400** Manage First Aid in an emergency situation.

Level 1, 1 Credit Level 2, 1 Credit Level 3, 2 Credits

Book your training today

\$255 + GST per person \$2750 + GST group booking

First Aid Level 2 - Advanced Refresher (Blended Learning)

Complete your theory component online in your own time (60 days provided), followed by an 8 Hour practical component.



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Capacity 15 Attendees Blended Learning Online Theory + 4 Hour Practical **Eccations** At our local training centre At your school

Overview

This nationally recognised First Aid course will complete your refresher with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- \heartsuit Understand the dangers of and secure an emergency scene.
- Assess the condition of and assist a collapsed or injured person(s).
- Control foreign body airway obstructions
- Apply basic first aid to a range of medical conditions
- Manage first aid in an emergency.

Book your training today



\$170 + GST per person \$1750 + <u>GST group booking</u>

First Aid Level 2 - Advanced Refresher (Face to Face)



Complete your theory component online in your own time (60 days provided), followed by an 8 Hour practical component.

Capacity 15 Attendees **1 Day Workshop** 8 Hours **O** Locations

At our local training centre At your school

Overview

This nationally recognised First Aid course will complete your refresher with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- Provide basic life support and first aid.
- Understand the dangers of and secure an emergency scene.
- \heartsuit Assess the condition of and assist a collapsed or injured person(s).
- 📀 Control foreign body airway obstructions
- Apply basic first aid to a range of medical conditions
- Manage first aid in an emergency.

Book your training today



\$2660 + GST group booking

Open Public Courses

Students can join our public open courses to gain job ready skills in preparation for their future. Conditions apply.



Confined Space and Gas Detection



Prepare yourself with the knowledge and technical skills to effectively plan, observe and safely enter a confined space.





Capacity 12 attendees



Locations At our local training centre At your own site or workplace

Overview

This course will provide you with the skills and knowledge, as an entrant or observer, to identify the types of confined spaces and hazards and risks associated with working in a confined space. It will also cover the atmospheric testing and equipment required to establish a planned and safe entry, as well as the correct emergency procedures in the event of a rescue.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course.

Course Content

- Identify hazards and controls within confined spaces
- Develop an emergency procedure plan for a confined space
- Complete required documentation for a confined space entry
- Demonstrate knowledge of confined spaces and their permit notification and implementation requirements
- Demonstrate knowledge of monitoring and confined space testing requirements
- Describe the responsibilities and duties of people entering; or conducting observation duties for a confined space
- Oemonstrate knowledge of atmospheric testing in potentially hazardous environments
- \heartsuit Conduct atmospheric tests and interpret and respond to atmospheric testing results

Unit Standards

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UNIT 17599	Plan a confined space entry
UNIT 18426	Demonstrate knowledge of hazards
	associated with confined spaces
UNIT 25510	Operate an atmospheric testing device
	to determine a suitable atmosphere
	exists to work safely

Book your training today

\$580 + GST per person \$2300 + GST group booking

Mobile Elevated Work Platform



Understand the legal obligations, pre-check requirements and skills needed to safely operate a Mobile Elevating Work Platform.



Overview

Capacity

8 Attendees

This course ensures you understand the relevant guidelines, regulations and Codes of Practice to safely assess and operate a MEWP. It also includes a series of practical exercises where you will apply and test your knowledge of hazards, risk management and operational skills.

Only two machine combinations can be trained in one day. You will need to specify which combination you require upon booking. The machine options are as follows: Scissor Lift, Self-Propelled Boom, Truck Mounted Boom, Trailer Mounted and Vertical Lift.

Prerequisites

If only conducting a practical machine assessment you must already hold unit standard 23966

Course Content

🤣 Demonstrate knowledge of types of MEWP's

Duration

8 Hours

- Their suitability for purpose
- Second Second Action of the second term of term of
- How to identify and report faults and damage for the MEWP
- How to shut down the MEWP
- Practical reinforcement of the knowledge and skills obtained during the training
- Legislative requirements in relation to code of practice and the use of MEWP's
- Safety features

Unit Standards

23966 Describe types of elevating work platforms (EWPs) and legislative requirements for their use

- 23960 Assess the worksite, prepare and operate a scissor lift
- 23961 Assess the worksite, prepare and operate a truck-mounted EWP
- 23962 Assess the worksite, prepare and operate a self-propelled boom lift
- 23963 Assess the worksite, prepare and operate a trailer-mounted EWP
- **23964** Assess the worksite, prepare and operate a vertical lift

Book your training today



\$430 + GST per person \$2230 + <u>GST group booking</u>



Overview

This course is for certified forklift operators who have been driving forklifts on private property and now wish to apply for their "F' Endorsement to value add their driver's license and legally drive on NZ roads.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course.

Course Content

- Conduct pre-operational inspection and start-up procedures for a forklift
- Demonstrate safe driving skills on the road and consider various environmental factors
- Park and shut down the forklift, ensuring safety and security
- Describe the legal requirements for driving a forklift on the road
- 📀 Understand the requirements for obtaining an F endorsement for NZ driver's license

Unit Standards

UNIT 18496

Drivers License Endorsements Demonstrate knowledge and skills for the driving of a forklift on a road for endorsement F (forklifts)

Book your training today



) \$1900 + GST group booking

Training for your staff

We also offer a range of courses suitable for Schools staff and grounds keepers etc

Keeping your staff safe

In addition to our comprehensive suite of schools training, our general health and safety courses are here to keep your staff including caretakers and groundsman safe on the job.

Here are a few of our most popular courses booked by schools:

Conflict De-escalation Introduction Duration: 1/2 Day (4Hours) Learn the essential skills for conflict de-escalation Non unit standard First Aid Level 1 - Basic (Face to Face) Duration: 1 Day (8 Hours) Gain the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. Unit Standard: 6402 Level 1 Credits 1 Provide Basic Life Support Unit Standard: 6401 Level 2 Credits 1 Provide First Aid

Hazard & Risk Management

Duration: 1 Day (8 Hours)

This course will give you the knowledge and skills required to effectively assess the level of risk associated with workplace hazards.

 Unit Standard: 30265
 Level 3
 Credits 8

 Apply health and safety risk assessment to a job role

 Unit Standard: 497
 Level 1

 Credits 3

Demonstrate knowledge of workplace health and safety requirements

Hazardous Substances for Managers and Supervisors D

Duration:1 Day (8 Hours)

This Course is designed for those responsible for the management, storage, use, disposal and handling of hazardous substances on a workplace.

Unit Standard: 31290Level 4Credits 6Demonstrate knowledge of safe management and potential adverse effects of hazardous substances in the workplace

Unit Standard: 31293 Level 4 Credits 3 Demonstrate safe handling, storage, and disposal of hazardous substances in the workplace

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What others have to say

The Safety 'n Action trainer was absolutely amazing, talking to the Year 10 students at Awatapu College. His health and safety talk was perfectly targeted and pitched bang on for young people. I think he has an amazing ability to work with students.

The trainer showed a fabulous understanding of the school learning environment and curriculum and related brilliantly to our students including those with barriers to learning.

Having used Safety 'n Action for a number of years now, I would like to let you know that the course is a pleasure to attend. The students love the trainer's vibrancy and were engaged throughout the day.

The trainer has done a wonderful job in helping us students and has made us understand more about the course. Made the course fun and enjoyable - thank you.

I have really enjoyed doing this course. At first I was nervous and scared but I was supported and guided well. You're an amazing teacher.

Contact Us Today



INTRODUCING HEATHER GAGE

As our Education and Gateway health and safety sales specialist, Heather Gage connects high schools, universities and other education providers with Safety 'n Action programmes - and in doing so plays an integral role in shaping our future workforce.

"Being able to play a part in growing students' confidence and competence is super rewarding," says Heather who has eight years of sales experience within the PTE (Private Training Establishments) sector.

"I love being able to connect and educate advisors on how we can work together to ensure our rangatahi have meaningful experiences and qualifications before they break into the workforce."

Safety 'n Action's school's training equips young people with vital skills for the future, and Heather is delighted to be helping lay these foundations.

"I am incredibly passionate about education and believe that everyone has the right to access it. It is through education that people can find their true passions and their 'why'."

Contact Heather today to discuss your needs.

Email: heather.latham@safetynaction.co.nz

Phone: 027 466 2024

LinkedIn: https://www.linkedin.com/in/heather-latham

New Zealand's Leader in Health and Safety Training

0800 222 388 | safetynaction.co.nz