

First Aid Level 1 – Basic (Blended Learning)



**SAFETY[™]
ACTION**

**AXIOM
TRAINING**

This course combines online or paper-based theory (completed within 60 days) with an 4 hour, in-person practical session.



Capacity

15 attendees



Blended Learning

Online or Paper Based Theory + 4 Hour Practical



Locations

At your own site or workplace

Overview

This nationally recognised First Aid course will refresh you with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students must complete theory content online before attending half day face-to-face practical. Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- ✓ Provide basic life support and first aid.
- ✓ Understand and be able to respond to dangers to ensure the safety of your self and others in the area.
- ✓ Assess and assist a collapsed or injured person(s).
- ✓ Control foreign body airway obstructions
- ✓ Apply basic first aid to a range of traumas and/or medical conditions.

Unit Standards

- UNIT 6402** Provide Basic Life Support
UNIT 6401 Provide First Aid

Book your training today

0800 222 388

safetyaction.co.nz