

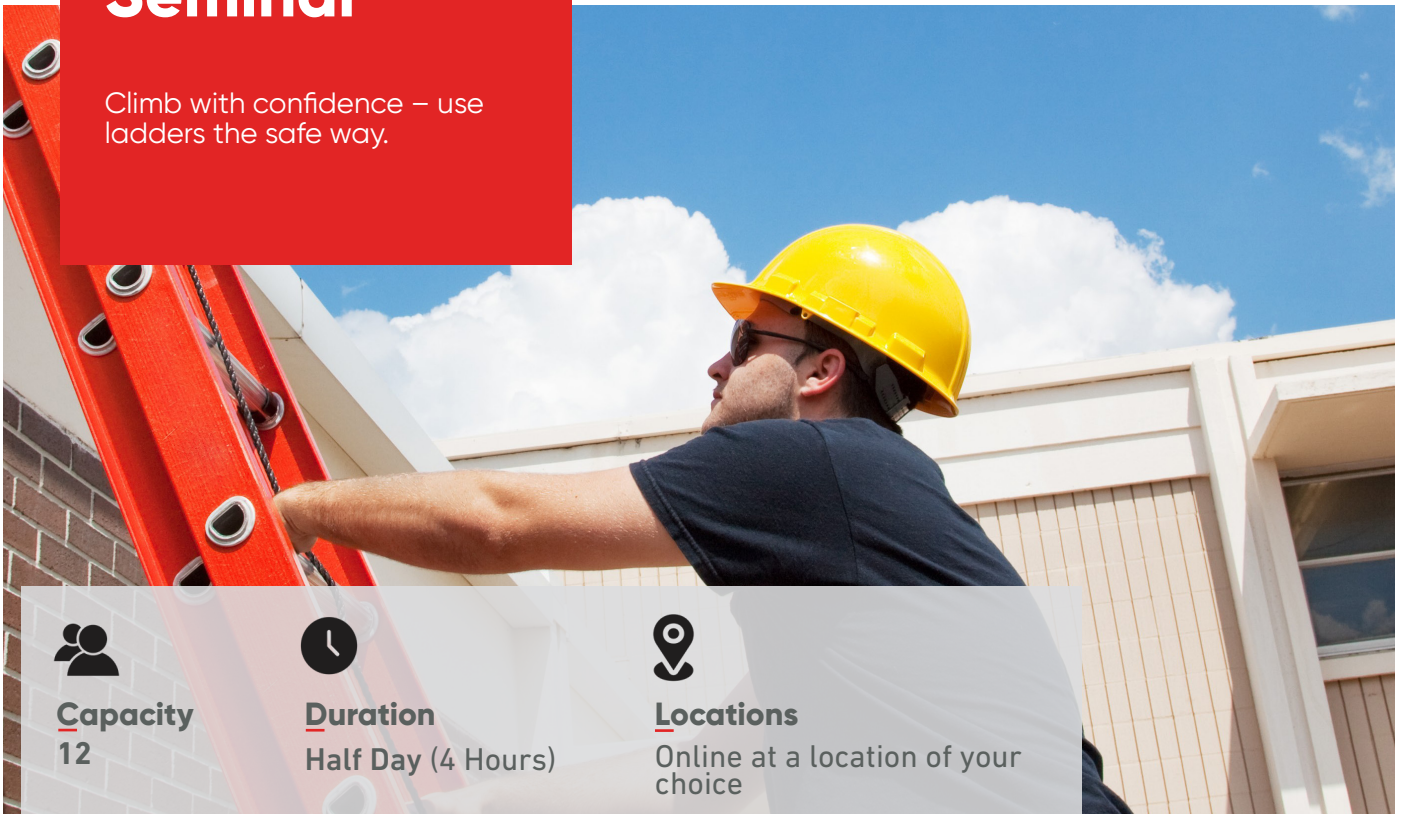
Ladder Awareness Seminar

Climb with confidence – use ladders the safe way.



**SAFETYTM
ACTION**

**AXIOM
TRAINING**



Capacity
12



Duration
Half Day (4 Hours)



Locations
Online at a location of your choice

Overview

This Ladder Awareness course provides essential knowledge on the safe selection, setup, and use of ladders in the workplace. Participants will learn how to identify hazards, carry out pre-use checks, and apply correct techniques for carrying, setting up, ascending, and descending ladders. The course highlights common risks such as falls, falling objects, and incorrect ladder placement, and equips learners with practical strategies to prevent incidents. By the end of the course, participants will understand their responsibilities under health and safety legislation and be confident in applying best practice for short-duration ladder tasks.

Course Content

- ✓ Identify hazards and risks associated with ladder use and explain how to control them in line with workplace health and safety requirements.
- ✓ Demonstrate correct pre-use checks, handling, and setup techniques for different types of ladders to ensure stability and safe use.
- ✓ Apply safe climbing and working practices on ladders, including maintaining three points of contact and preventing harm to themselves and others.

Unit Standards

Non Unit Standard

Book your training today

0800 222 388

safetyaction.co.nz